



St. Louis Arc Mission

To help people with developmental disabilities and their families by providing a lifetime of high-quality services, family support and advocacy.

Founded in 1950, the St. Louis Arc is a 501c3 organization which provides high-quality services and programs to more than 3,000 people with developmental disabilities and their families throughout the St. Louis area. During the past six decades, we've evolved from a small grass-roots family organization into a leader in the field, providing resources, support, networking and advocacy for thousands of people. A non-profit, United Way agency, the St. Louis Arc offers a wide range of services throughout the St. Louis metro area and is recognized as a quality leader.

- **Residential Services** – Our residential services provide support to help people lead fulfilling lives in a safe, healthy environment of their choosing. Services are provided to **156 individuals** in a variety of arrangements, including group living, in a campus environment, community living in homes and apartments, or through support to allow a person to continue living in their family home.
- **Community Integration** – Community Integration provides support to help people become active participants in their communities through involvement in a wide variety of volunteer and recreational opportunities. In fiscal year 2011, we supported **127 individuals** at four separate locations in the metropolitan area, and have expanded to five locations in the current year.
- **Respite Services** – Respite services help families get the extra support they need to care for their family members by providing reimbursement for short-term relief services they receive either in their own home or in the home of a care provider. In fiscal year 2011, **1,144 individuals** accessed **273,425 hours of support**.
- **Supported Employment** – Supported Employment assists people in finding and maintaining paid jobs by providing vocational assessment, job development, coaching and retention services. With our help, people achieve their employment goals while businesses benefit from a new pool of trained, dependable employees. In fiscal year 2011, we supported **163 individuals** in supported employment.
- **Leisure Services** – Leisure services provides a wide variety of recreation, sports, social and volunteer opportunities to help youth and adults lead healthy, fulfilling lives. Arc staff and volunteers provided the support and resources to help **626 individuals** pursue their interests and participate in the community. Leisure opportunities include: soccer; golf; dances; softball; basketball; camp; bowling; cooking classes; book clubs; walking club and more.
- **Family Support** – The *St. Louis Arc Family Organization* is a grass-roots networking group for parents and siblings of people with developmental disabilities that presents educational workshops, advocacy events and support groups utilized by more than **425 parents and family members** of people with developmental disabilities in fiscal year 2011. St. Louis Arc provides family support in many ways, including the *Capable Kids and Families* program which helped the families of **54 young children** with developmental delays get the therapy equipment and assistance they need to help their child grow and learn; and the *Parents Learning Together* program, which supported **66 parents** who themselves have a developmental disability to learn the skills needed to safely and successfully raise their **132 children**.
- **Prevention Services** – Prevention Services utilizes community education, media campaigns and collaborations with other organizations to help reduce the incidence of fetal alcohol exposure, the leading preventable cause of intellectual disabilities.
- **Childgarden Child Development Center** – Childgarden opened its doors in 1989 as an inclusive early childhood center in the City of St. Louis. Childgarden is currently a joint venture of UCP Heartland and the St. Louis Arc. Childgarden provides high quality childcare, early intervention therapy and family support for **182 children** of all abilities from 6 weeks to 6 years of age.

Employees: 400+ Qualified Professionals
Volunteers: 500+ Individual Community Members

Annual Budget: \$16 million
Volunteer Groups: 48 Groups