



**ANNUAL REPORT 2015**



High Quality Services and Supports  
for People with Intellectual and Developmental Disabilities  
Since 1950

***The Mission of St. Louis Arc is to empower people with intellectual and developmental disabilities and their families to lead better lives by providing a lifetime of high-quality services, family support and advocacy.***



***RESPECT - COLLABORATION - EMPOWERMENT***

## PRESIDENT & CEO

### Mark A. Keeley, MSW

**St. Louis Arc's newest President & CEO** has more than 26 years experience with the organization, having served as Vice President of Support Services and Assistant Director of Residential Services during his tenure. Mark's career has always focused on supporting the entire family, not just the person with the disability. In 1995 Mark designed the agency's current family reimbursement respite model, which has grown to be one of the largest in the country in terms of the number of families served and hours of respite provided. He helped facilitate the merger with Belle Center in 2012 to form Belle Children's Services of St. Louis Arc. A licensed clinical social worker, he holds a master's degree in Social Work from the George Warren Brown School of Social Work at Washington University.



## BOARD OF DIRECTORS

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## AUTISM AND BEHAVIOR SERVICES

## FAMILY SUPPORT

### Capable Kids and Families®

A lending library of therapeutic toys and equipment for children and support services and resources for parents. **112 CHILDREN**

### Childgarden Early Childhood Education

Inclusive care and education at Central West End-based center; consultation to other community-based early childhood programs. **742 CHILDREN**

### Parents Learning Together

Parenting support and education for people who have disabilities and are raising children. **52 PARENTS AND 90 CHILDREN**

### Prevention

Education and awareness aimed at reducing the incidence of fetal alcohol syndrome. **DIRECT EDUCATION TO 1,250 PEOPLE; BROADER REACH THROUGH MEDIA 1.8 MILLION.**

### Therapy Supports

Developmental, occupational, physical, and speech/language therapies performed at the child's home, school, or community programs. **542 CHILDREN**

### Applied Behavior Analysis Therapy

Therapy to increase or decrease socially significant behaviors and to teach new skills. Therapy provided in the participant's home, school, community, or our center. **65 PEOPLE**

### Early Start Denver Model

Intensive early intervention program that provides 1:1 therapy for children diagnosed with an autism spectrum disorder. **6 CHILDREN**

### Social Skills Groups

Programs that aim to help children and teens develop appropriate social behavior. **64 PEOPLE**

### Counseling

Providing individual and group counseling to teenagers and adults and their families, about issues of grief and loss. **75 PARTICIPANTS**

### Family Education and Advocacy

Workshop series, networking opportunities, advocacy support, and other educational activities for families and participants. **344 (advocacy phone calls, resource library, and workshops)**

### In-home Residential Support (Respite)

Short-term relief for families caring for child or adult with a disability. Arc provides reimbursement services. **1138 FAMILIES RECEIVED 264,813 HOURS OF RESPITE**

### Post-Secondary Education

SUCCEED, a two-year post-secondary residential program in partnership with UMSL. **24 PARTICIPANTS**

### Resources and Referrals

Information connecting families to resources, including over 2,500 phone calls, email inquiries and in-person meetings.

### Support Groups

Targeted support groups for Moms, Dads, Siblings, Transition-ages, caregivers of older adults, and others. **147 PARTICIPANTS**

# of support

## COMMUNITY SUPPORT

### Community Living

Helping individuals live independently with minimal support. **55 PEOPLE**

### Employment Training

Support in attaining employment skills. Including collaborating with school districts and summer programs to help students gain work experience through training program in the community. **217 PARTICIPANTS**

### Life Coaching

Assisting people to identify and set life goals, while guiding them towards success. **12 PEOPLE**

### Recreation

Sports Leagues; weekend and spring break camps; and active living programs for older adults. **796 PARTICIPANTS**

### Socialization

Social activities such as dances, Book Club, art and cooking classes, Family Fun Nights, music therapy, children's Sibshops, and Community Meet-Ups. **600 PARTICIPANTS**

### Supported Employment

Support to find and maintain paid employment; includes assessment, job coaching, job placement, and retention. **258 PARTICIPANTS**

## DAY SUPPORT

### Community Integration

Day program for adults to participate in their communities through volunteerism and recreation. **165 PARTICIPANTS**

## RESIDENTIAL SUPPORT

### Campus-Based

Support for people to live in homes located on a campus-like environment in west St. Louis County with 24-hour staffing. **71 RESIDENTS**

### Community-Based

Support for people to live in apartments and homes in the community with 24-hour staffing if needed. **55 RESIDENTS**

## In FY2015, The Arc...

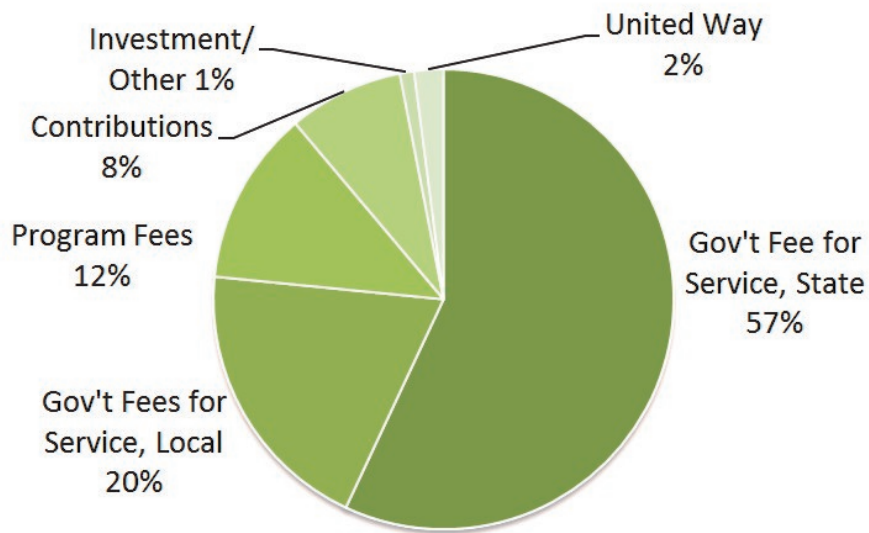
- had 634 full- and part-time staff
- benefited from the services of 1,231 volunteers
- Offered interactive learning opportunities for staff and volunteers including over 200 classroom training sessions.
- St. Louis Arc participants receive quality supports of their choosing 20% more often than the national average.

*Participant numbers based on the fiscal year ended June 30, 2015.*

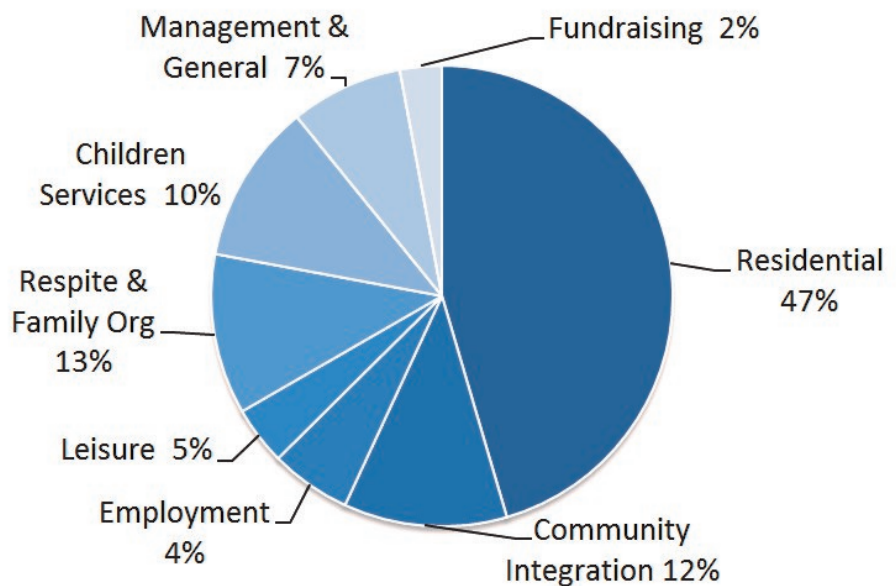
# MAJOR FUNDING PARTNERS, FY2015

- Missouri Department of Mental Health
- Productive Living Board for St. Louis County
- Missouri Division of Vocational Rehabilitation
- United Way of Greater St. Louis
- Missouri First Steps
- St. Louis Office for DD Resources
- Developmental Disabilities Resource Board of St. Charles County

## Total Revenue: \$21,347,300



## Operating Expenses: 21,079,572



# BALANCE SHEET, 6/30/2015

## **Assets**

Cash and cash equivalents	2,082,177
Accounts receivable	2,578,459
Investments for Board Endowment	2,368,936
Unconditional promises to give	790,980
Property and equipment	4,421,883
Prepaid expenses and deposits	72,373
Assets for Permanent Endowment	<u>4,404,033</u>
<b>Total Assets</b>	<b>\$ 16,718,841</b>

## **Liabilities**

Accounts payable	568,684
Accrued expenses	907,168
Funds held for others	130,466
<b>Total Current Liabilities</b>	<b>\$ 1,606,318</b>
Long Term Debt	<u>658,231</u>

## **Net Assets**

Unrestricted	7,163,379
Board Endowment	2,368,936
Temporarily Restricted	694,692
Permanent Endowment	4,227,285
<b>Total Net Assets</b>	<b>\$ 14,454,292</b>

<b>Total Liabilities and Net Assets</b>	<b>\$ 16,718,841</b>
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# St. Louis Arc

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To learn more about receiving our services, or to volunteer or donate, please visit us at [www.slarc.org](http://www.slarc.org)!

