

# LEISURE TIMES



# 2017



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**Registration Deadline**  
**April 1, 2017**



# Thank You!



**101 ESPN**  
St. Louis' Sports Station



Thank you **Markwort** and **101 ESPN**

for your contributions to the St. Louis Arc's 40th Anniversary Soccer celebration. On Nov. 5 Markwort donated 25 soccer balls to the athletes and ESPN provided the musical entertainment, gave away attendance prizes and WWE wrestling tickets. Please buy Markwort Sporting Goods when you are in need of equipment and always listen to the #1 Sports Talk Radio in St. Louis—101.1 ESPN!



The Leisure Services Department is looking for fun, energetic people to join our Teens in Motion and Neighborhood Experiences summer program staff. Program staff will support teens and young adults in volunteer, pre-employment and community exploration opportunities. Programs run Monday through Friday, 9:00 a.m. - 4:00p.m. June 5 - August 4, 2017. For more information, contact [HRteam@slarc.org](mailto:HRteam@slarc.org) or our website at [www.slarc.org/about-us/careers/](http://www.slarc.org/about-us/careers/)

## CHILDREN'S MUSIC (ages birth - 6)

Children's music groups utilize music therapy techniques to support children in developing abilities that are strengthened and transferred to other areas of their lives. Children have fun and learn to be successful in a small group setting. For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

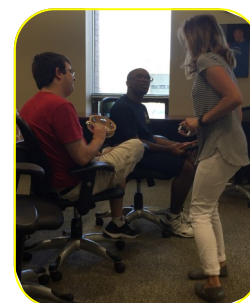
**Session I:** Fridays, May 12 - 26, 2017 **Ages:** 3 and under  
**Session II:** Fridays, June 2 - 16, 2017 **Time:** 10:45a.m.-11:30a.m.  
**Session III:** Fridays, June 23 - July 7, 2017 **Ages:** 3 - 6  
**Session IV:** Fridays July 14 - July 28, 2017 **Time:** 11:45a.m.-12:30a.m.  
**Program Fee:** \$30.00 per session or \$100 for all 4 sessions  
**Location:** St. Louis Arc Family Center  
 1177 N. Warson Rd., St. Louis, MO 63132



## MUSIC MOVES (ages 13-20)

Music Moves class is filled with fun and high energy. You will learn popular dance moves, the art of singing, and musical skills. This well-balanced program allows you to develop within a supportive and empowering environment, stimulating your imagination while building confidence. For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

**Dates:** Mondays, June 19 - July 31, 2017 (No class July 3)  
**Program Fee:** \$75.00  
**Times:** 5:15 p.m. - 6:15 p.m.  
**Location:** St. Louis Arc Family Center, 1177 N. Warson Road, Creve Coeur, MO 63132



## THE WILD WITHIN (ages 16-25)



Join us for a summer of adventure and outdoor activities! The Wild Within is an outdoor recreation/education club for teens and young adults. During this six week session the group will learn the basics of camping, including building a camp fire, rock climbing, fishing, and more. For more information contact Chelsea Larkin at 314-817-2249 or [clarkin@slarc.org](mailto:clarkin@slarc.org).

**Dates:** Tuesdays, June 13 - July 25 (No program July 4)  
**Program Fee:** \$75.00  
**Time:** 5:00 p.m. - 6:30 p.m.  
**Location:** Varies weekly

## AWAKE, AWARE, & ALIVE (ages 16 - 25)

Join us for an experience you won't forget! Awake, Aware, & Alive educates participants about the elements of a balanced life, including mind, body, and spirit. This class will help individuals explore new strategies to manage stress and improve overall wellbeing. It will also give participants the ability to explore new recreational experiences such as Yoga, guided meditation, and Tai Chi. For more information, contact Carly McElvaine at [cmcelvaine@slarc.org](mailto:cmcelvaine@slarc.org) or 314-817-2233.

**Dates:** Tuesdays, May 2 - June 6, 2017  
**Time:** 5:30 p.m. - 6:30 p.m.  
**Program Fee:** \$75.00  
**Location:** TBD





## THE ARTIST IN YOU (ages 18 & older)

Explore your hidden artistic talents! Join our exciting art class, which offers basic instruction in drawing, painting, and multimedia art. For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

**Session I:** Monday's, May 1 - June 5, 2017

**Session II:** Monday's, June 12 - July 31, 2017 (No program June 19 and July 3)

**Times:** 6:30 p.m. - 8:30 p.m.

**Program Fee:** \$75.00 per session (includes supplies)

**Location:** Living Arts, 2814 Sutton Blvd., Maplewood, MO 63143



## COOKING FOR COMFORT (ages 18 & older)

Enjoy hands-on experience in the kitchen while learning how to prepare easy, delicious meals. An experienced cooking instructor will assist participants in preparing tasty dishes. For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

**Session I:** Wednesdays, May 3 - 17, 2017 (Breakfast)

**Session II:** Wednesdays, May 24 - June 7, 2017 (Fried Foods not Fried)

**Time:** 4:30 p.m. - 6:30 p.m. OR 6:30 p.m. - 8:30 p.m.

**Program Fee:** \$45.00 per session

**Location:** St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132



## ADULT MUSIC (ages 21 & older)

Adult music classes are designed to provide a fun and supportive outlet for expressing yourself through music. We will maximize the benefits of music with communication and sensory challenges by providing smaller group sizes and more hands-on support. For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

**Session I:** Mondays, May 1 - June 5, 2017

**Session II:** Mondays, June 12 - July 24, 2017 (no class July 3)

**Time:** 6:30 p.m. - 7:15 p.m.

**Program Fees:** \$50.00 per session

**Location:** St. Louis Arc Family Center,  
1177 N. Warson Rd., MO 63132



**Session I:** Thursdays, May 4 - June 8, 2017

**Session II:** Thursdays, June 15 - July 20, 2017

**Time:** 10:00 a.m. - 10:45 a.m.

11:00 a.m. - 11:45 a.m. (small group)

**Program Fees:** \$50.00 per session

**Location:** St. Louis Arc Family Center,  
1177 N. Warson Rd., Creve Coeur, MO 63132

## WALKING CLUB (ages 18 & older)

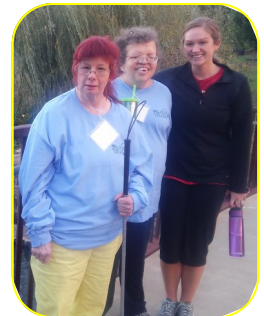
Get moving with the St. Louis Arc and join us for walks at local parks. Walking is a great way to exercise, stay healthy, socialize, and support your community. You can choose to participate in park walks at one or two park locations. The St. Louis Arc will provide pedometers every week to track your miles. We will accommodate the novice, as well as the fast paced walker. Family members and friends are encouraged to register as well. For more information, contact Dan Correll at 314-817-2227 or [dcorrell@slarc.org](mailto:dcorrell@slarc.org).

**Dates:** Thursdays, May 4 - July 6, 2017

**Locations:** Longview Park: May 4 - June 1, 2017; Des Peres Park: June 8 - July 6, 2017

**Time:** 6:30 p.m. - 8:00 p.m.

**Program Fees:** \$50.00 per person (10 week session - 2 parks) OR \$30.00 per person (5 week session - 1 park)



## SUMMER BOWLING (ages 18 & older)

Summer bowling is back! Grab your bowling ball and shoes and let's hit the lanes for some bowling. For more information, contact Chelsea Larkin at [clarkin@slarc.org](mailto:clarkin@slarc.org) or 314-817-2249.

**Dates:** Saturdays, June 3 - August 12, 2017 - (No bowling July 1)

**Time:** 10:00 a.m.

**Location:** Olivette Lanes, 9520 Olive Blvd., Olivette, MO 63132

**Program Fee:** \$30.00 plus \$8.00 pay-at-door fee each time attending or Pre Pay option: \$100.00



### SOFTBALL (ages 18 & older)

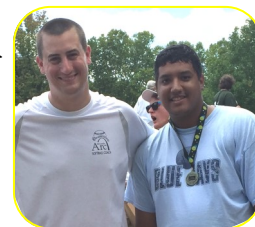


Get your ball and glove ready to join the fun as you play in the St. Louis Arc softball league! No experience necessary. For more information, contact Dan Correll at dcorrell@slarc.org or 314-817-2227. Mini Arc tournament: Saturday, July 29, 2017.

**Dates:** Wednesdays, May 3 - July 26, 2017  
**Program Fee:** \$55.00  
**Time:** 6:30 p.m. - 8:30p.m.  
**Locations:** Greentree Park, Vatterott Park, Love Park, & TBD

### ARC UNITED SOFTBALL (ages 18 & older)

If you're interested in playing in community leagues, having fun, meeting new friends, and improving your softball skills, then this is just the team for you! Arc United consists of athletes of all abilities. This summer we will be expanding to two teams! One will compete in Shaw Park, and the other will play in a South County league which will be determined closer to the start of the season. For more information, contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.



<b>Dates:</b> Tuesdays, April - June 2017	<b>Dates:</b> Thursdays, July - August 2017
<b>Team:</b> South County Team Name TBD	<b>Team:</b> Crush
<b>Location:</b> Fenton Park	<b>Location:</b> Shaw Park, Clayton, MO
<b>Time:</b> Double Header; 6:00 p.m. and 7:00 p.m.	<b>Time:</b> Varies (from 6:00p.m. - 10:00 p.m.)
<b>Program Fee:</b> \$55.00	<b>Program Fee:</b> \$55.00

### GOLF (ages 18 & older)

Perfect your swing, practice your putting, or test your driving distance from the tee! All skill levels welcome. Professional golf instructors will assist you in learning proper techniques and learn to love the game of golf. For more information, contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.



**Dates:** Tuesdays, May 2 - July 18, 2017; Tournament: July 25, 2017  
**Time:** 6:30 p.m. - 8:30 p.m.  
**Program Fee:** \$50.00 per person + \$7.00 weekly ball fee  
**Location:** Paradise Valley Golf Club, 1055 Lochmoor Dr. High Ridge, MO 63049

### COOKING WITH FAMILY AND FRIENDS



Families and friends will enjoy four weeks of entertaining, cooking instruction, and delicious recipes that you can take home and prepare together. The last class will consist of a cooking competition. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

**Dates:** Wednesdays, August 9 - 30, 2017  
**Time:** 6:30 p.m. - 8:30 p.m.  
**Program Fee:** \$100.00 per family  
**Location:** St. Louis Arc Family Center, 1177 N. Warson Rd., St. Louis, MO 63132

**ONE - TIME REGISTRATION:** If you registered to participate in programs below in Fall 2016, then you do not need to register again until Fall 2017! This Spring/Summer registration is for new participants only.

**TEEN MEET UP (ages 13-19)**

Enjoy the company of teens while engaging in social and recreational activities. Activities may include crafts, karaoke, board games, and Wii. Come and join the fun! For more information, contact Clinton Hall at [chall@slarc.org](mailto:chall@slarc.org) or 314-817-2293.

- Dates:** Monthly, second to last Friday of the month, May 2017 - August 2017
- Time:** 6:00 p.m. - 8:00 p.m.
- Program Fee:** \$15.00 plus \$10.00 at the door
- Location:** St. Louis Arc Family Center, 1177 N Warson Rd., Creve Coeur, MO 63132

**20 SOMETHING'S MEET UP (ages 20-29)**

Join other people in their 20's at a monthly social activity. This club will provide a comfortable environment to make friends, enhance social skills, and have fun in a safe and supportive area. For more information, contact Meghan Murphy at [memurphy@slarc.org](mailto:memurphy@slarc.org) or 314-817-2250. \*When you register for 20 Something's Meet Up group, you are automatically registered for St. Louis Scene Meet Ups and able to attend any of the events offered through that program as well.

- Dates:** Monthly, May 2017 - August 2017
- Time:** Varies with event
- Program Fee:** \$15.00 plus \$15.00 at the door
- Location:** Varies with event

**ST. LOUIS SCENE MEET UP (AGES 18 & OLDER)**



St. Louis Scene Meet Up offers a variety of recreation and leisure opportunities for adults to explore their community. Individuals receive a calendar of events every two months. Staff and volunteers will be stationed at fun and exciting locations in the St. Louis metro area on weekends. For more information, contact Bre Ward at [bward@slarc.org](mailto:bward@slarc.org) or 314-817-2226.

- Dates:** May 2017- August 2017
- Time and Location:** Varies with event
- Program Fee:** \$15.00, plus event fees

**DANCE CLUBS (ages 18 & older)**

Do you like to dance or socialize with friends? Join the fun at two different locations. Enjoy the sounds of a great band playing today's hits and yesterday's favorites at Club South. Or join us at Club 1177, where a DJ spins the current hits, old favorites and any requests. Be with friends, meet new people, and enjoy refreshments. For more information, contact Meghan Murphy at [memurphy@slarc.org](mailto:memurphy@slarc.org) or 314-817-2250.

**Club 1177 - 3rd Saturday of month**

- Date:** May 2017 - August 2017
- Time:** 7:00 p.m. - 9:30 p.m.
- Location:** St. Louis Arc Family Center  
1177 N. Warson Rd., Creve Coeur, MO 63132
- Program Fee:** \$15.00, plus \$10.00 pay at the door

**Club South - 3rd Friday of month**

- Date:** May 2017 - August 2017
- Time:** 7:30 p.m. - 10:00 p.m.
- Location:** Sept. - May: St. Lucas Church Gym,  
7100 Morganford, St. Louis, MO 63116  
June - Aug.: St. Martin of Tours  
610 W. Ripa Ave., St. Louis, MO 63125
- Program Fee:** \$15.00, plus \$10.00 pay at the door

**FAMILY FUN NIGHTS**

Family Fun Nights are free family-friendly activities for all ages and abilities to get together for fun. To RSVP, or for more information, contact Bre Ward at [bward@slarc.org](mailto:bward@slarc.org) or 314-817-2226.

- Dates:** April 28 - BINGO
- May - No Event
- June 30 - Backyard Games
- Time:** 6:00 p.m. - 8:00 p.m.
- Location:** St. Louis Arc Family Center  
1177 N. Warson Rd., Creve Coeur, MO 63132





## Program Registration

- Completely fill out both sides of the enclosed registration form. **Program fee(s) must accompany your registration.**
- Programs are filled on a first-come, first-served basis. Only paid registrants will be accepted. Confirmation is sent before programs begin.

## Weather Cancellation Procedures

- In the event of inclement weather, the Leisure Services Department will make decisions about the program status **two hours prior to program starting time.**
- Weather cancellations may include programs cancelled due to a heat index of 97° or above, or when temperatures dip below 10° for an extended period of time.
- Participants, families, and volunteers should call the **RECREATION HOTLINE at 314-817-2244**, or view our website, Facebook or Twitter to check the status of the program.

## Financial Assistance

For financial assistance with program fees, please go to our website and download a financial assistance form **prior to registering** for a program and email form to Rhonda Hembree at [rhembree@slarc.org](mailto:rhembree@slarc.org).

## Refund Policy

Cancellation by the participant must be made two weeks prior to the start of program to receive a full refund. No refunds will be made after that time.

## Additional Information

- Rules of acceptance and participation in our programs are the same for everyone, without regard to race, color, gender, national origin, age, or ability.
- If you need accommodations to participate fully, please indicate this on the registration form.
- The participant acknowledges that she/he is in good health and able to participate in all activities of the program.
- The St. Louis Arc reserves the right to cancel programs.
- Participants are responsible for any medical expenses incurred during recreation/leisure programs.
- All participants and spectators are expected to be respectful of themselves and others. Violence and/or abusive language or behaviors will not be tolerated. Any participant or spectator may be excluded at any time during the program by the Leisure Services Staff, if it is judged that the participant or spectator has hampered the safety, welfare, or enjoyment of other participants.

## Registration Deadline: April 1, 2017



Visit Our **NEW** Website [www.slarc.org](http://www.slarc.org)



**IT'S GAME TIME! COME CHEER ON THE ST. LOUIS CARDINALS AS THEY TAKE ON THE CHICAGO CUBS AND HELP SUPPORT THE ST. LOUIS ARC! \$12 OF EVERY TICKET GOES DIRECTLY TO THE ST. LOUIS ARC LEISURE SERVICES SCHOLARSHIP FUND.**



For more information, please contact

Meghan Murphy at 314-817-2250 or [memurphy@slarc.org](mailto:memurphy@slarc.org)

or visit our website at [www.slarc.org](http://www.slarc.org)

Tickets will be sold/mailed 2 weeks prior to the game

**ST. LOUIS ARC  
NIGHT AT THE  
BALLPARK  
CARDINALS VS.  
CUBS**

**TUESDAY, APRIL 4, 2017  
7:15 PM  
BUSCH STADIUM  
700 CLARK AVE. 63102  
\$30 PER TICKET**



# Networking Socials & Support Groups

Unless otherwise noted, all groups meet at the St. Louis Arc Family Center located at 1177 N. Warson Rd. Saint Louis, MO 63132. For more information, contact Sharon Spurlock at [sspurlock@slarc.org](mailto:sspurlock@slarc.org) or 314-817-2222, unless otherwise noted.

**Launch:** Event dates and times vary. A support group for families of young adults who have the potential to live and work in the community, but who face barriers to success.

**Caregivers of Girls with Autism:** 2nd Saturday of each month from 9:00 a.m. - 11:00 a.m. Join caregivers of girls who have an autism diagnosis to share your unique parenting experiences and gain valuable connections and resources. For more information please contact, Ann Mangelsdorf at [amangelsdorf@slarc.org](mailto:amangelsdorf@slarc.org) or 314-817-2275.

**Adults with Asperger Syndrome Meet Up:** 2nd Friday of the month, 6:30 p.m. - 8:00 p.m., locations vary. Join other adults with Asperger Syndrome and their friends and allies for monthly social activities.

**Adult Siblings:** Event dates and times vary. This group of siblings of individuals with disabilities receive information, support, and tools to advocate with their brothers and sisters, and to promote the issues important to them and their entire families.

**Caregivers of Adults who are 40 & older:** 3rd Friday of every month, 10:00 a.m. - 11:30 a.m. Meet caregivers supporting a person with a disability who is 40 years old or older, and get resources for changes that may occur as you and your family member age.

**Dads Group:** Dates and locations vary. For dads who understand the unique challenges of having a family member with a disability. Check [www.slarc.org](http://www.slarc.org) for regular updates. For more information, contact Mark A. Keeley at [mkeeley@slarc.org](mailto:mkeeley@slarc.org) or 314-817-2280.

**Caregivers of People with Asperger Syndrome:** 3rd Saturday of the month, 9:00 a.m. - 11:00 a.m. This group is open to caregivers who have a child with Asperger Syndrome or a similar diagnosis.

**Transition families Support Group:** 4th Tuesday of the month, 12:00 p.m. - 1:00 p.m. Bring a lunch and take advantage of talking to other families who are planning for life after high school.

## Leisure Services Contact Information

**Dan Correll**  
Coordinator  
314-817-2227  
[dcorrell@slarc.org](mailto:dcorrell@slarc.org)

**Clinton Hall**  
Coordinator  
314-817-2293  
[chall@slarc.org](mailto:chall@slarc.org)

**Chelsea Larkin**  
Coordinator  
314-817-2249  
[clarkin@slarc.org](mailto:clarkin@slarc.org)

**Carly McElvaine**  
Coordinator  
314-817-2233  
[cmcelvaine@slarc.org](mailto:cmcelvaine@slarc.org)

**Meghan Murphy**  
Coordinator  
314-817-2250  
[memurphy@slarc.org](mailto:memurphy@slarc.org)

**Breanne Ward**  
Coordinator/  
Administrative Coordinator  
314-817-2226  
[bwward@slarc.org](mailto:bwward@slarc.org)

**Rhonda Hembree**  
Director  
314-817-2245  
[rhembree@slarc.org](mailto:rhembree@slarc.org)

**Shaughnessy Daniels**  
Vice President -  
Community Supports  
314-817-2218  
[sdaniels@slarc.org](mailto:sdaniels@slarc.org)

Arc TTY  
314-569-2021  
MO TTY Relay:  
1-800-735-2966



## JOIN THE TEAM WITH A GIFT TO LEISURE!

Join in on the fun to support Leisure participants, the places they play, sports equipment, musical instruments, art supplies, and the books they need.

St Louis Arc's inclusive, leisure programs are activities geared to help people make friends, learn new skills, increase confidence, and have tons of fun.

## CHOOSE SOMETHING MEANINGFUL TO YOU:

- ◇ The Leisure Endowment Fund - to make a permanent difference.
- ◇ Sports Sponsorships - to make the crowds go wild.
- ◇ Summer Employment Programs - to prepare youth for the future.
- ◇ General Leisure Programs - to support the greatest need.
- ◇ Camp Sponsorships - to ensure memories with friends and family.
- ◇ Life Skills and Education - to support personal growth and success.

If you would like to designate your gift to one of the choices or another preference, please include in the memo line of your check or note section if making an online contribution.

**For more information, contact Jennifer Adams at 314-817-2296 or [jadams@slarc.org](mailto:jadams@slarc.org).**

VIP Funders: The St. Louis Arc services are funded in part by the fees you pay and by the United Way of Greater St. Louis, the Productive Living Board for St. Louis County, Citizens with Developmental Disabilities, St. Louis Office for Developmental Disabilities Resources, Variety, The Children's Charity, and private donations.





Participant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Social Security Number (print legibly—confirm by viewing card or appropriate documentation as necessary) \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Participant's Employer \_\_\_\_\_

**\_\_ Please check here to receive brochure and registration form via email ONLY.**

<b>1</b>	<b>Gender</b>	<b>2</b>	<b>Participant Lives: (include agency name when appropriate)</b>		
	<input type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> w/Family <input type="checkbox"/> Independently <input type="checkbox"/> Foster Home	<input type="checkbox"/> Specialized Facility _____ <input type="checkbox"/> Nursing Home _____ <input type="checkbox"/> Habilitation Center _____	<input type="checkbox"/> Group Home/ISL _____ <input type="checkbox"/> Individual Supported Living Arrangement <input type="checkbox"/> Other _____

**3**

**When did disability manifest itself?**  Prior to age 19  Prior to age 22

**Participant's Diagnosis:**

Intellectual Disability  Learning Disability  
 Autism Spectrum Disorder  Traumatic Brain Injury  
 Seizure Disorder  Other \_\_\_\_\_  
 Cerebral Palsy

If "Other" diagnosis or "Learning Disability" is checked, select the substantial functional limitations in two or more of the following areas of major life activities:

Receptive-Expressive Language  Learning  
 Capacity for Independent Living  Self Care  
 Self Direction or Economic Self Sufficiency  Mobility

**4**

**Participant's Race:**

African-American  Caucasian  
 Asian  Native American  
 Bi-Racial  Hispanic  
 Other \_\_\_\_\_

**5**

**Do you receive case management services?**  
 Yes  No

If yes, choose one:  
 Regional Office  DDRB/DDR

**Support Coordinator/Case Manager Name:** \_\_\_\_\_

**Service Coordinator Phone:** \_\_\_\_\_ **DMH ID#** \_\_\_\_\_

**6**

**Medical/Dietary Concerns OR Accommodation Needed:**

**7**

**1st Emergency Contact: Guardian?**  Yes  No **Emergency Contact priority:** 1 2 3

Name \_\_\_\_\_ Relationship \_\_\_\_\_ (Area Code) Home Phone Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ (Area Code) Work Phone Number \_\_\_\_\_

Employer \_\_\_\_\_ (Area Code) Cell Phone Number \_\_\_\_\_

E-mail \_\_\_\_\_

**2nd Emergency Contact: Guardian?**  Yes  No **Emergency Contact priority:** 1 2 3

Name \_\_\_\_\_ Relationship \_\_\_\_\_ (Area Code) Home Phone Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Work Phone Number \_\_\_\_\_ Cell Phone Number \_\_\_\_\_

Employer \_\_\_\_\_ E-mail \_\_\_\_\_

Spring Summer 2017

**Release and Agreement Statement**

I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for the participant as named on this form at my expense. By signing, I give permission to the St. Louis Arc to release my personal information to the program leader. I do hereby indemnify said Association, its agents and employees, and agree to hold it and them harmless from any and all liability arising out of any injury, illness, or accident that might happen to the participant and from any damage the participant might cause to any person(s) or property while in the care of the Association or its agents of employees.

I have read the above, which I understand and agree to abide by.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

I hereby authorize the use of my name, photographs and/or videotape for newspaper, radio, website, advertisement or publication by the St. Louis Arc. Please initial here if you agree to this statement. \_\_\_\_\_

Participant's Name: \_\_\_\_\_

T-Shirt Size (please circle size)  
S M L XL XXL XXXL



### Children & Teen Programs

PROGRAM FEES
<b>CHILDREN'S MUSIC</b> \$30 per session or \$100 for all 4 sessions <u>Ages 3 &amp; Under</u> 10:45 a.m. - 11:30 a.m. Session I: ____ <u>Ages 3 to 6 years</u> 11:45 a.m. - 12:30 p.m. Session II: ____ Session III: ____ Session IV: ____ All 4 sessions: ____
___ <b>MUSIC MOVES</b> Fee: \$75.00
___ <b>THE WILD WITHIN</b> Fee: \$75.00
___ <b>AWAKE, AWARE, ALIVE</b> Fee: \$75.00

### Adult Programs

<b>ARTIST IN YOU</b> Fee: \$75.00 per session ___ Session I ___ Session II
<b>COOKING FOR COMFORT</b> Fee: \$45.00 per session Session I Session II ___ 4:30-6:30 p.m. ___ 4:30-6:30 p.m. ___ 6:30-8:30 p.m. ___ 6:30-8:30 p.m.
<b>ADULT MUSIC</b> Fee \$50.00 per session Mon. 6:30-7:15 p.m. ___ Session I ___ Session II
<b>ADULT MUSIC</b> Fee: \$50.00 per session Thursday ___ Session I ___ Session II ___ 10:00 a.m. -10:45 a.m. ___ 10:00 a.m. -10:45 a.m. ___ 11:00 a.m. -11:45 a.m. ___ 11:00 a.m. -11:45 a.m.
<b>WALKING CLUB:</b> ___ All Parks (10 week session) Fee: \$50.00 Fee: \$30 per session/park ___ Longview Park only ___ Des Peres Park only

Total fee from Column 1:

### Adult Programs

<b>BOWLING</b> Fee \$30.00 Program Fee: \$30.00 or Pre Pay Option: \$100.00
<b>SOFTBALL:</b> Fee: \$55.00 ___ Blue Jays ___ Cougars ___ Bobcats ___ Jammers ___ Bombers ___ Tigers ___ Cardinals ___ Vipers
<b>ARC UNITED SOFTBALL</b> Fee: \$55.00 per team ___ South (Fenton) ___ Crush (Shaw Park)
<b>GOLF:</b> Fee: \$50.00

### Family Programs

<b>COOKING WITH FAMILY &amp; FRIENDS</b> Fee: \$100.00 ___ # attending + \$10 per additional member over 4
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### Year Round Programs

<b>TEEN MEET UP</b> Fee: \$15.00
<b>20 SOMETHINGS MEET UP</b> Fee: \$15.00
<b>ST. LOUIS SCENE MEET UP</b> Fee: \$15.00
<b>DANCE CLUB</b> Fee: \$15.00 ___ Club 1177 ___ Club South
<b>FAMILY FUN NIGHT</b> Fee: \$0.00

Total fee from Column 2:

Total fee from Column 1:

**GRAND TOTAL:**

## METHOD OF PAYMENT

Registration Deadline: April 1, 2017

### PLEASE RETURN FORM AND FEES TO:

St. Louis Arc/Leisure Services  
Attention: Accounts Receivable  
1177 N. Warson Rd.  
St. Louis, MO 63132

St. Louis Arc Resident ONLY—Payment from Escrow

### For Office Use Only

Amt 1 coded to \_\_\_\_\_ Amt 2 coded to \_\_\_\_\_  
Payment Amount \_\_\_\_\_ Date Received \_\_\_\_\_ Payment Method \_\_\_\_\_

Check Enclosed (Payable to St. Louis Arc/Leisure Services)

Please charge my credit card

Visa  MasterCard  Discover

Credit Card number:

Expiration Date:

Name on Card: \_\_\_\_\_

(Required—Please Print)