

Leisure Times

Fall 2017

Neighborhood Experiences!

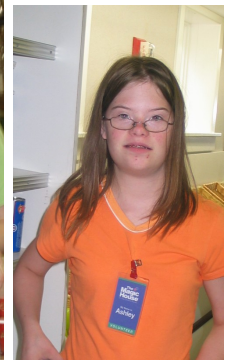
20th
ANNIVERSARY

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Registration Deadline
September 4, 2017



Neighborhood Experiences Celebrates it's 20th Anniversary



This is our 20th Anniversary, and we are so excited! It's a time to remember where we came from, celebrate our successes, and look ahead to our future. In 1996, a diligent parent, Judy Presberg, collaborated with Kim Kopff, former Director of Leisure at the St. Louis Arc, to ensure that her daughter and others with intellectual disabilities would be able to continue to participate in quality programs after their kids aged out of day camp. Together, Judy and Kim discussed the benefits of community integration and the lack of quality programs for teens ages 13-20 with disabilities. With Judy's help, Kim Kopff and members of the Leisure team, Buggie Brown O'Grady and Tina Smith, developed Neighborhood Experiences. They secured funding from the Productive Living Board for St. Louis County Citizens with Developmental Disabilities, the United Way of Greater St. Louis, and Variety, the Children's Charity.

In the summer of 1997, 10 young adults were the first to participate in the program. Judy's daughter, Elizabeth, Jason H., Kurt B., Chris S., and six others discovered the importance of service to the community. The individuals paired with a staff partner, explored and arranged both ongoing and one-time service projects for the summer. Kurt and Jason spent afternoons at a Kirkwood nursing home, Chris could be found volunteering at the YMCA, and Elizabeth went back to her old day camp in Kirkwood to volunteer! Judy, Kim and the Leisure team envisioned young adults obtaining meaningful experiences through working, volunteering and recreating in their neighborhood.

Twenty years later Neighborhood Experiences is still going strong. Today, the Neighborhood Experiences Project provides 32 young adults, (ages 13-20) the support they need to take advantage of opportunities in their own community. Participants engage in four or five volunteer experiences throughout the summer that help them achieve personal and career goals. At the end of the summer, each participant creates a professional portfolio and resume showcasing his or her accomplishments.

During the last 20 years, the program has served 285 young adults, who have volunteered at over 400 agencies in the Greater St. Louis area. Neighborhood Experiences has received numerous awards and was recognized nationally by the Arc of the US. We want to thank each and every one of the teens who participated in Neighborhood Experiences and their families. We truly appreciate their support and the many amazing successes and fabulous memories each one has contributed to the St. Louis Arc.

CHILDREN'S MUSIC (ages birth - 6)

Children's music groups utilize music therapy techniques that support children in developing abilities that are strengthened and transferred to other areas of their lives. Children have fun and learn to be successful in a small group setting. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Session I: Fridays, September 15 - October 20, 2017
Session II: Fridays, October 27 - December 8, 2017 (No class Nov. 24)
Program Fee: \$55.00 per session
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, 63132
Ages: 3 and under (with caregiver support) **Times:** 10:45 a.m. - 11:30 a.m.
Ages: 3 - 6 **Times:** 11:45 a.m. - 12:30 p.m.

CHILDREN'S SIBSHOPS (ages 6 - 15)

Being the brother or sister of a person with a developmental/intellectual disability can be a good thing, sometimes a not-so-good thing, and many times, somewhere in between. SibShops offers an opportunity for brothers and sisters of children with developmental/intellectual disabilities to get peer support and education within a recreation context. The program will include a fun mix of games, activities, friends and discussion. Children will be split into age appropriate groupings. For more information, contact Meghan Murphy at memurphy@slarc.org or 314-817-2250.

Dates: 3rd Wednesday of every month, October 2017 - May 2018 (No December program)
Times: 6:00 p.m. - 8:00 p.m.
Program Fee: \$65.00
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

FRIENDSHIP FUSION (ages 7-12)

This program is designed to help children work together as a team, while learning social skills and developing friendships. It unites the Superflex curriculum and philosophies from books by author Scott Bellini. This class will introduce social skills such as introductions, engaging in conversation, body language and making friends. For more information, contact Meghan Murphy at memurphy@slarc.org or 314-817-2250.

Dates: Monday, October 2 - November 6, 2017
Times: 5:30 p.m. - 6:30 p.m.
Program Fee: \$75.00
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

TEEN PROGRAMS

TEEN SCENE (ages 13 - 16)

This is a class designed to help teens learn the social skills they need to develop healthy relationships. Some of the topics include: understanding social cues, improving communication, managing anger, developing healthy friendships, and dating. For more information, please contact Carly McElvaine at cmcelvaine@slarc.org or 314-817-2233.

Dates: Wednesdays, October 4 - November 8, 2017
Times: 5:30 p.m. - 6:30 p.m.
Program Fee: \$75.00
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

TEEN BOWLING (ages 13-20)

Grab your bowling ball and shoes, and let's hit the lanes for some bowling. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: 1st & 3rd Saturday of each month; September 16, 2017 - May 19, 2018
Time: 9:00 a.m.
Program Fee: \$35.00 plus \$8.00 pay-at-door fee each time attending OR Pre-pay \$155.00 (includes program fee)
Location: Sunset Lanes, 7777 Watson Rd., St. Louis, MO 63119



MUSIC MOVES (ages 13-20)

Music Moves is filled with fun and high energy. You will learn popular dance moves, the art of singing, and develop musical skills. This well balanced program allows you to develop within a supportive and empowering environment; stimulating your imagination while building confidence. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Mondays, September 18 - October 23, 2017
Times: 5:15 p.m. - 6:15 p.m.
Program Fee: \$75.00
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd, Creve Coeur, MO 63132



ADULT PROGRAMS

THE ARTIST IN YOU (ages 18 & older)

Explore and discover your artistic talents! Join our exciting art class, which offers basic instruction in drawing, painting, and multimedia art. An annual art exhibit will be held during the summer to display your artwork. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Mondays, September 18 - October 23, 2017
Times: 6:30 p.m. - 8:30 p.m.
Location: Living Arts, 2814 Sutton Blvd, Maplewood, MO 63143
Program Fee: \$75.00 per session (includes supplies)

COOKING FOR COMFORT (ages 18 & older)

Enjoy hands-on experience in the kitchen while learning how to prepare easy, delicious meals. An experienced cooking instructor will assist participants in preparing tasty dishes. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Session I: Fall Favorites
Dates: Wednesdays, September 20 - October 4, 2017
Session II: Traditional Holiday Treats
Dates: Wednesdays, October 11 - October 25, 2017
Times: 4:30 p.m. - 6:30 p.m. OR 6:30 p.m. - 8:30 p.m.
Program Fee: \$45.00 per session
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132



SOCGER (ages 18 & older)

Grab your ball and cleats and head to the field to learn the basics, or develop your soccer skills on the field. For more information, contact Dan Correll at dcorrell@slarc.org or 314-817-2227.

Dates: Saturdays, September 30 - November 11, 2017
Time: 10:00 a.m. - 12:00 p.m. (Noon)
Program Fee: \$55.00
Locations: Sugar Creek Park and Beirne Park



AWAKE, AWARE & ALIVE! (ages 18 & older)

Join us for an experience you won't forget! Awake, Aware, & Alive educates participants about the elements of a balanced life, including mind, body, and spirit. This class will help individuals explore new strategies to manage stress, and to improve overall wellbeing. It will also give participants a chance to explore new recreational experiences such as Yoga, Pilates, and Tai Chi. For more information, contact Carly McElvaine at cmcelvaine@slarc.org or 314-817-2233.

Dates: Tuesdays, October 3 - November 14, 2017 (No class Oct. 31)
Time: 5:30 p.m. - 6:30 p.m.
Program Fee: \$75.00
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

WALKING CLUB (ages 18 & older)

Get moving with the St. Louis Arc and join us for walks at local parks. The St. Louis Arc will provide a long sleeve t-shirt to all participants, and also pedometers every week to track your miles. We can accommodate the novice, as well as the fast paced walker. Family members and friends are encouraged to register as well. For more information, please contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.

Dates: Thursdays, September 28 - November 2, 2017
Time: 5:30 p.m. - 7:00 p.m.
Program Fees: \$50 per person for both parks or \$30 per person for 3 weeks - 1 park
Locations: Longview Park: September 28 - October 12
 Des Peres Park: October 19 - November 2 (Celebration: location T.B.D.)

BOWLING LEAGUES (ages 18 & older)

Grab your bowling ball and shoes and let's hit the lanes for some bowling. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

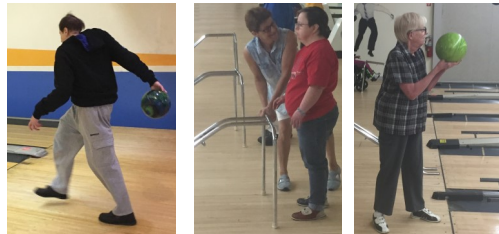
Program Fee: \$35.00 plus \$8.00 pay-at-door fee each time attending OR Pre-pay option for each league (includes program fee).

SUNSET/WATSON BOWL
 9:00 a.m.
 1st & 3rd Saturday of each month
 September 16, 2017 - May 19, 2018
 Pre-pay option: \$155.00
 Sunset Lanes, 7777 Watson Rd.,
 St. Louis, MO 63119

BRUNSWICK BOWL
 9:00 a.m.
 Every Saturday
 September 16, 2017 - May 12, 2018
 Pre-pay option: \$245.00
 Brunswick Zone, 176 Four Seasons,
 Chesterfield, MO 63017

OLIVETTE BOWL - SATURDAYS
 10:00 a.m.
 Every Saturday
 September 16, 2017 - May 12, 2018
 Pre-pay option: \$245.00
 Olivette Lanes, 9520 Olive Blvd.,
 Olivette, MO 63132

SUNSET/WATSON BOWL
 3:00 p.m.
 2nd, 4th & 5th Saturday of each month
 September 23, 2017 - May 12, 2018
 Pre-pay option: \$150.00
 Sunset Lanes, 7777 Watson Rd., St. Louis,
 MO 63119



OLIVETTE BOWL - WEDNESDAYS
 10:30 a.m.
 Wednesdays, September 20 - Dec. 6, 2017
 Pre-Pay Option: \$130.00
 Olivette Lanes, 9520 Olive Blvd.,
 Olivette, MO 63132

NEXT CHAPTER BOOK CLUB (ages 18 & older)

The Next Chapter Book Club meets weekly at local bookstores and cafes. It gives adults the opportunity to learn to read, talk about books, and make friends in a fun community setting. Participants range from those who read well, to those who do not read at all. For more information, contact Carly McElvaine at 314-817-2233 or cmelvaine@slarc.org.

Dates: Thursdays, September 21 - December 14, 2017 (no Book Club Nov. 23)
Session I: 6:00 p.m. - 7:00 p.m. (Ladue and Chesterfield Only)
Session II: 7:00 p.m. - 8:00 p.m. (All locations)
Program Fee: \$20.00 per session, plus cost of books
LOCATIONS: (Please mark 1st & 2nd Choice on registration form)
 •Ladue: Barnes & Noble, Ladue Crossing Shopping Center
 •Des Peres: Barnes & Noble, 113 West County Center

•Chesterfield: Barnes & Noble, 1600 Clarkson Rd.
 •Crestwood: St. Louis Bread Co., 1074 Sunset Hills Plaza



ADULT MUSIC (ages 21 & older)

The adult music classes are designed to provide a fun and supportive outlet for expressing yourself through music. We will maximize the benefits of music for people with communication and sensory challenges by providing smaller group sizes and more hands-on support. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Session I: Mondays, September 18 - October 23, 2017
Session II: Mondays, October 30 - December 4, 2017
Time: 6:30 p.m. - 7:15 p.m.
Program Fees: \$55.00 per session
Location: St. Louis Arc Centene Family Center,
 1177 N. Warson Rd., MO 63132

Session I: Thursdays, September 21 - October 26, 2017
Session II: Thursdays, November 2 - December 14, 2017
Time: 10:00 a.m. - 10:45 a.m.
 11:00 a.m. - 11:45 a.m. (small group)
Program Fees: \$55 per session
Location: St. Louis Arc Centene Family Center,
 1177 N. Warson Rd., Creve Coeur, 63132

FAMILY PROGRAMS

COOKING WITH FAMILY AND FRIENDS

Families and friends will enjoy four weeks of entertaining, cooking instruction, and delicious recipes that you can take home and prepare together. The last class will consist of a cooking competition. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Wednesdays, November 1 - November 29, 2017 (No class Nov. 22)
Time: 6:30 p.m. - 8:30 p.m.
Program Fee: \$100.00 per family
Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., St. Louis, MO 63132

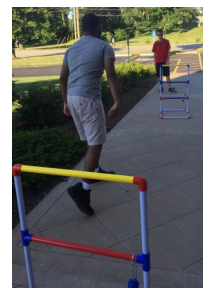


REGISTRATION FOR THESE PROGRAMS IS OPEN NOW!!! These year round programs have a one time registration fee. Please register for the programs of your choice. You only need to re-register for these programs in the Fall.

TEEN MEET UP (ages 13-19)

Enjoy the company of teens while engaging in social and recreational activities. Activities may include crafts, karaoke, board games, and Wii. Come and join the fun! For more information, contact Carly McElvaine at cmcelvaine@slarc.org or 314-817-2233.

Dates: Monthly, 2nd to last Friday of the month, September 2017 - August 2018
Times: 6:00 p.m. - 8:00 p.m.
Program Fee: \$35.00 plus \$15.00 at the door
Location: St. Louis Arc Centene Family Center, 1177 N Warson Rd., Creve Coeur, MO 63132



20 SOMETHING MEET UP (ages 20-29)

Join other people in their 20's at a monthly social activity. This club will provide a comfortable environment to make friends, enhance social skills, and have fun in a safe and supportive area. For more information, contact Meghan Murphy at memurphy@slarc.org or 314-817-2250.

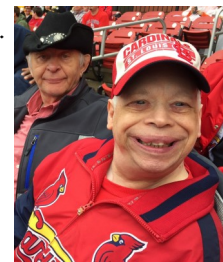
Dates: Monthly, September 2017 - August 2018
Times: Varies with event
Program Fee: \$35.00 plus \$15.00 at the door
Location: Varies with event

*When you register for the 20 Something Meet Up group, you are automatically registered for St. Louis Scene Meet Ups and able to attend any of the events offered through that program.

ST. LOUIS SCENE MEET UP (AGES 18 & OLDER)

St. Louis Scene Meet Up offers a variety of recreation and leisure opportunities for adults to explore their community. Individuals receive a calendar of events every two months. Staff and volunteers will be stationed at fun and exciting locations in the St. Louis metro area on weekends. For more information, contact Bre Ward at bward@slarc.org or 314-817-2226.

Dates: September 2017 - August 2018
Program Fee: \$35.00 plus event fees
 *When you register for St Louis Scene Meet Up group, you are automatically registered for the 20 Something Meet Ups and will be eligible to attend any of the events offered through that program.



DANCE CLUBS (ages 18 & older)

Get your dancing shoes ready and join in on the fun at two different locations. Come enjoy Club South at St. Lucas Church (South City), where you will enjoy the sounds of a great band playing today's hits and yesterday's favorites. Or join us at Club 1177, in Creve Coeur, where a DJ spins the current hits, old favorites and any requests. Be with friends, meet new people, and enjoy refreshments. For more information, contact Meghan Murphy at 314-817-2250 or memurphy@slarc.org.

Program Fee: \$35.00 plus \$10.00 pay at the door or pre pay option of: \$145.00 (includes program fee)

Club 1177

September 2017 - August 2018
 3rd Saturday of month, 7:00 p.m. - 9:30 p.m.
 St. Louis Arc Centene Family Center
 1177 N. Warson Rd., Creve Coeur, MO 63132

Club South

September 2017 - August 2018
 3rd Friday of month, 7:30 p.m. - 10:00 p.m.
 Sept. - May: St. Lucas Church Gym, 7100 Morganford, MO 63116
 June 2018 - August 2018: TBD



FAMILY FUN NIGHTS

The St. Louis Arc offers a series of family-friendly activities for families of all ages and abilities to get together for fun at the St. Louis Arc Family Center. To RSVP, or for more information, contact Bre Ward at bward@slarc.org or 314-817-2226.

Dates: August 25 - Summer Fun
 September 29 - Fall Festival
 October 27 - Bingo
 November - No Event (Happy Thanksgiving)

Time: 6:00 p.m. - 8:00 p.m.

Location: St. Louis Arc Centene Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132



Program Registration

- Completely fill out both sides of the enclosed registration form. **Program fee(s) must accompany your registration.**
- Programs are filled on a first-come, first-served basis. Only paid registrants will be accepted. Confirmation is sent before programs begin.

Weather Cancellation Procedures

- In the event of inclement weather, the Leisure Services Department will make decisions about the program status **two hours prior to program starting time.**
- Weather cancellations may include programs cancelled due to a heat index of 97° or above, when temperatures dip below 10° for an extended period of time, or excessive snow and/or ice.
- Participants, families, and volunteers should call the **RECREATION HOTLINE** at 314-817-2244, visit our website at www.slarc.org, or check our FB page to view the status of the program.



Financial Assistance

For financial assistance with program fees, please go to our website at and download a financial assistance form **prior to registering** for a program and email form to Rhonda Hembree at rhembree@slarc.org. Download: [Financial Aid Form](#)

Refund Policy

Cancellation by the participant must be made two weeks prior to the start of program to receive full refund. No refunds will be made after that time.

Additional Information

- Rules of acceptance and participation in our programs are the same for everyone, without regard to race, color, gender, national origin, age or ability.
- If you need accommodations to participate fully, please indicate this on the registration form.
- The participant acknowledges that she/he is in good health and able to participate in all activities of the program.
- The St. Louis Arc reserves the right to cancel programs.
- Participants are responsible for any medical expenses incurred during recreation/leisure programs.
- All participants and spectators are expected to be respectful of themselves and others. Violence and/or abusive language or behaviors will not be tolerated. Any participant or spectator may be excluded at any time during the program by the Leisure Services Staff, if it is judged that the participant or spectator has hampered the safety, welfare, or enjoyment of other participants.

Registration Deadline: September 4, 2017

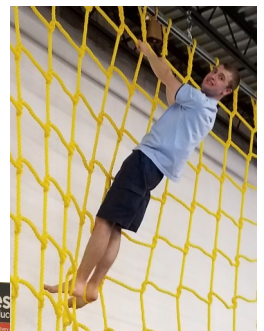
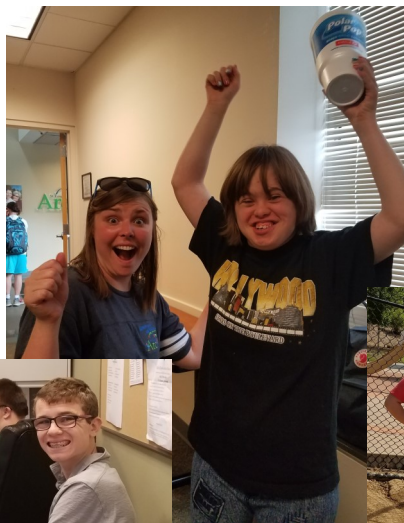


@St.LouisArc

Visit Our Website at www.slarc.org



stlouisarc



Networking, Socials & Support Groups

Whether a sibling, a parent, a family member, or a friend, you can gather with others who understand the unique challenges of having a loved one with a disability.

Our new monthly **Family-to-Family** Meet ups provide a place to share stories, resources, and get the tools you need to plan for a great life! For the next meetup dates and to RSVP, join our Meetup group at:

<http://www.meetup.com/St-Louis-Arc-Community-Connections/>

For more information on the Family to Family meet ups, contact Sharon Spurlock, Director of Family Supports at sspurlock@slarc.org or 314-817-2222.



Dads' Group: Dates and locations vary. For dads who understand the unique challenges of having a family member with a disability. Check www.slarc.org for regular updates. For more information, contact Mark A. Keeley at mkeeley@slarc.org or 314-817-2280.



JOIN THE TEAM WITH A GIFT TO LEISURE!

Join in on the fun to support Leisure participants! A gift to Leisure helps ensure that our participants have access to places to play, sports equipment, musical instruments, art supplies, and books. St Louis Arc's inclusive leisure programs are activities geared to help people make friends, learn new skills, increase confidence, and have tons of fun.

CHOOSE SOMETHING MEANINGFUL TO YOU:

- ◇ The Leisure Endowment Fund - to make a permanent difference.
- ◇ Sports Sponsorships - to help make the crowds go wild.
- ◇ Summer Employment Programs - to prepare youth for the future.
- ◇ General Leisure Programs - to support the greatest need.
- ◇ Camp Sponsorships - to ensure memories with friends and family.
- ◇ Life Skills and Education - to support personal growth and success.

If you would like to designate your gift to one of the choices or another preference, please include in the memo line of your check or note section if making an online contribution.

For more information, contact Jennifer Adams at 314-817-2296 or jadams@slarc.org.

VIP Funders

St. Louis Arc's services are funded in part by the fees you pay and by the United Way of Greater St. Louis, the Productive Living Board for St. Louis County Citizens with Developmental Disabilities, St. Louis Office for Developmental Disabilities Resources, Variety, The Children's Charity, and private donations.



Leisure Services Contact Information

Dan Correll
Coordinator
314-817-2227
dcorrell@slarc.org

Clinton Hall
Coordinator
314-817-2293
chall@slarc.org

Chelsea Larkin
Coordinator
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Clarkin@slarc.org

Carly McElvaine
Coordinator
314-817-2233
cmcelvaine@slarc.org

Meghan Murphy
Coordinator
314-817-2250
memurphy@slarc.org

Breanne Ward
Coordinator/
Administrative Manager
314-817-2226
bward@slarc.org

Rhonda Hembree
Director
314-817-2245
rhembree@slarc.org

Shaughnessy Daniels
Vice President -
Community Supports
314-817-2218
sdaniels@slarc.org

Arc TTY
314-569-2021
MO TTY Relay:
1-800-735-2966

St. Louis Arc Participant Profile

Please complete both sides of this registration form.

Participant Name _____ Date of Birth _____ Social Security Number (print legibly—confirm by viewing card or appropriate documentation as necessary) _____

Home phone _____ Cell phone _____ E-mail Address _____

Street Address _____ City _____ State _____ Zip Code _____

Participant's Employer _____

1	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Are you a resident of: <input type="checkbox"/> St. Louis City <input type="checkbox"/> St. Louis County <input type="checkbox"/> St. Charles County <input type="checkbox"/> Jefferson County	Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Married No. of Dependents: _____
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2	Participant Lives: <input type="checkbox"/> w/Family <input type="checkbox"/> Specialized Facility <input type="checkbox"/> Foster Home <input type="checkbox"/> Independently <input type="checkbox"/> Nursing Home <input type="checkbox"/> Group Home <input type="checkbox"/> Individual Supported Living <input type="checkbox"/> Habilitation Center <input type="checkbox"/> Other _____
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3	When did disability manifest itself? <input type="checkbox"/> Prior to age 19 <input type="checkbox"/> Prior to age 22 Participant's Diagnosis: <input type="checkbox"/> Intellectual Disability <input type="checkbox"/> Learning Disability <input type="checkbox"/> Autism Spectrum Disorder <input type="checkbox"/> Traumatic Brain Injury <input type="checkbox"/> Seizure Disorder <input type="checkbox"/> Other _____ <input type="checkbox"/> Cerebral Palsy If "Other" diagnosis or "Learning Disability" is checked, select the substantial functional limitations in two or more of the following areas of major life activities: <input type="checkbox"/> Receptive-Expressive Language <input type="checkbox"/> Learning <input type="checkbox"/> Capacity for Independent Living <input type="checkbox"/> Self Care <input type="checkbox"/> Self Direction or Economic Self Sufficiency <input type="checkbox"/> Mobility	4	Participant's Race: <input type="checkbox"/> Asian <input type="checkbox"/> Caucasian <input type="checkbox"/> African-American <input type="checkbox"/> Native American <input type="checkbox"/> Bi-Racial <input type="checkbox"/> Hispanic <input type="checkbox"/> Other _____
5	Are you an active St. Louis Regional Office client? <input type="checkbox"/> Yes <input type="checkbox"/> No Regional Office Service Coordinator Name: _____ Service Coordinator Phone: DMH ID# _____		

6	Do you receive Medicaid Waiver Funds? <input type="checkbox"/> Yes <input type="checkbox"/> No Type of Waiver Funding: <input type="checkbox"/> Comprehensive Waiver <input type="checkbox"/> Community Waiver <input type="checkbox"/> Sarah Lopez Waiver <input type="checkbox"/> Partnership for Hope Waiver
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7	1st Emergency Contact: Guardian? <input type="checkbox"/> Yes <input type="checkbox"/> No Check here if address same as above: <input type="checkbox"/> Emergency Contact: 1 2	
	Name _____ Relationship _____	(Area Code) Home Phone Number _____
	Address _____ City _____ State _____ ZIP _____	(Area Code) Work Phone Number _____
	Employer _____	(Area Code) Cell Phone Number _____
	E-mail _____	
	2nd Emergency Contact: Guardian? <input type="checkbox"/> Yes <input type="checkbox"/> No Check here if address same as above: <input type="checkbox"/> Emergency Contact: 1 2	
	Name _____ Relationship _____	(Area Code) Home Phone Number _____
	Address _____ City _____ State _____ ZIP _____	(Area Code) Work Phone Number _____
	Employer _____	(Area Code) Cell Phone Number _____
	E-mail _____	

Fall 2017



Release and Agreement Statement

I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for the participant as named on this form at my expense. By signing, I give permission to the St. Louis Arc to release my personal information to the program leader. I do hereby indemnify said Association, its agents and employees, and agree to hold it and them harmless from any and all liability arising out of any injury, illness, or accident that might happen to the participant and from any damage the participant might cause to any person(s) or property while in the care of the Association or its agents of employees.

I have read the above, which I understand and agree to abide by.

Signature of Participant _____ Date _____ Signature of Parent or Guardian _____ Date _____

I hereby authorize the use of my name, photographs and/or videotape for newspaper, radio, website, advertisement or publication by the St. Louis Arc. Please initial here if you agree to this statement. _____

Participant's Name: _____

T-Shirt Size (please circle size)
 S M L XL XXL XXXL



Children & Teen Programs

	PROGRAM FEES
CHILDREN'S MUSIC	
<u>Ages 3 & Under</u> ___ 10:45 a.m. - 11:30 a.m.	\$55 per session
<u>Ages 3 to 6 years</u> ___ 11:45 a.m. - 12:30 p.m.	Session I: _____ Session II: _____
___ CHILDREN'S SIBSHOPS	Fee: \$65.00
___ FRIENDSHIP FUSION	Fee: \$75.00
___ TEEN SCENE	Fee: \$75.00
___ TEEN BOWLING	Fee: \$35.00 or Pre-Pay: \$155.00
___ MUSIC MOVES	Fee: \$75.00

Adult Programs

___ ARTIST IN YOU	Fee: \$75.00
COOKING FOR COMFORT Fee: \$45.00 per session	
Session I ___ 4:30-6:30 p.m. ___ 6:30-8:30 p.m.	Session II ___ 4:30-6:30 p.m. ___ 6:30-8:30 p.m.
SOCCER Fee: \$55.00	
___ Bierne Park	___ Sugar Creek Park
___ AWAKE, AWARE, ALIVE	Fee: \$75.00
WALKING CLUB:	
___ All Parks (10 week session)	Fee: \$50.00
	Fee: \$30 per session/park
___ Longview Park only	
___ Des Peres Park only	
BOWLING	Pre-Pay Option
___ Brunswick Bowl	\$245.00
___ Sunset/Watson (a.m.)	\$155.00
___ Sunset Bowl (p.m.)	\$150.00
___ Olivette Bowl (Sat.)	\$245.00
___ Olivette Bowl (Wed.)	\$130.00
Program Fee \$35.00 <u>OR</u> Pre-Pay Option (amount above)	

Total fee from Column 1:

Adult Programs

NEXT CHAPTER BOOK CLUB	
Session I: 6:00 - 7:00 pm ___ Chesterfield ___ Ladue	Fee: \$20.00 per session Session II: 7:00 - 8:00 p.m. ___ Chesterfield ___ Ladue ___ Des Peres ___ Crestwood
ADULT MUSIC Fee \$55.00 per session	
Mon. 6:30-7:15 p.m.	
___ Session I	___ Session II
ADULT MUSIC Fee: \$55.00 per session	
Thursday	
Session I: ___ 10:00 a.m. -10:45 a.m. ___ 11:00 a.m. -11:45 a.m.	Session II: ___ 10:00 a.m. -10:45 a.m. ___ 11:00 a.m. -11:45 a.m.

Family Programs

___ COOKING WITH FAMILY & FRIENDS	
	Fee: \$100.00
___ # attending	+ \$10 per additional member over 4

Year Round Programs

___ TEEN MEET UP	Fee: \$35.00
___ 20 SOMETHINGS MEET UP	Fee: \$35.00
___ ST. LOUIS SCENE MEET UP	Fee: \$35.00
DANCE CLUB Fee: \$35.00 or pre pay \$145.00	
___ Club 1177	___ Club South
___ FAMILY FUN NIGHT	Fee: \$0.00

Total fee from Column 2:

Total fee from Column 1:

GRAND TOTAL:

METHOD OF PAYMENT

Registration Deadline: September 4, 2017

PLEASE RETURN FORM AND FEES TO:
 St. Louis Arc/Leisure Services
 Attention: Accounts Receivable
 1177 N. Warson Rd.
 St. Louis, MO 63132

St. Louis Arc Resident ONLY—Payment from Escrow

For Office Use Only
 Amt 1 coded to _____ Amt 2 coded to _____
 Payment Amount _____ Date Received _____ Payment Method _____

Check Enclosed (Payable to St. Louis Arc/Leisure Services)
 Please charge my credit card
 Visa MasterCard Discover

Credit Card number:

Expiration Date:

Name on Card: _____
 (Required—Please Print)