LEISURE TIMES

FALL 2016

40 YEAR ANNIVERSARY

REGISTRATION DEADLINE
SEPTEMBER 2, 2016

Leisure News	2
Children and Teen's Programs	3
Teen and Adult Programs	4 - 5
Year Round Programs	6
Registration and Program Information	7
Networking, Support Groups, Family Events	8

St. Louis Arc
LEISURE

NEW LEISURE COORDINATOR!!

The Leisure team is excited to announce Dan Correll as the newest member of the Leisure team. He will be coordinating the Basketball, Softball, and Soccer Leagues, Walking Club, Golf and all the Arc United Sports (Basketball, Softball, and Indoor Soccer). We are very excited to have him join the Leisure Department. For the past two years, Dan has been working at the St. Louis Arc in the On and Off Campus Residential Department. He has also worked as an Activities Coordinator at Southview Assisted Living Home and as an Admission Coordinator at Vatterott College. His vast experience as an Activities Coordinator for older adults which will assist the department in the future planning of leisure and recreation activities for a majority of our individuals who are nearing retirement age.

Dan graduated with a Bachelor's Degree in Mass Communication from the University of Missouri St. Louis. He is full of enthusiasm and energy and has a plethora of recreational and sports interest. Dan's newest interests are learning to cook with fresh herbs and spices and planning a wedding cruise for next spring.

BEST WISHES SONJA!!

It is with great sadness that the Leisure Department is saying good bye to Sonja Preston. After 15 great years with us she will be transferring to the Residential Department to coordinating the Active Living Project and to develop and implement year round educational and recreational activities for the residences. We are happy for Sonja and know that working with older adults is her passion. She is going to be fabulous!

PROGRAM ANNIVERSARIES: 40 YEARS FOR SOCCER & 10 YEARS FOR BOOK CLUB

Leisure has been scoring goals with soccer for the past 40 years. Our athletes have had many successes including five different clinics with ST LOUIS FC Soccer club, a scrimmage in 2010 as a half time game at SIUE's Campus and expanding in 2013 to two teams; one in Des Peres and another team in Creve Coeur.

Book Club has been reading at five different locations during the past 10 years. It started with one session at five different book stores or local coffee shops and by 2015 we were offering two sessions at four locations. We have read countless books over the past 10 years and we have partnered with the local Next Chapter Book Club, who loan out books to our club.

A special thank you to our wonderful Soccer and Book Club volunteers who continue to dedicate their time and talent to these ever lasting programs.

ANNUAL REGISTRATION:

St. Louis Scene * Dances * 20 Something's * Teen Meet Up * Family Fun Night

ANNUAL REGISTRATION

This annual registration fee is good until next Fall 2017. You will need to re-register in the next Fall brochure. For questions about your scheduled programs please call Bre Ward at 314-817-2226.

CHILDREN'S MUSIC (ages birth - 9)

Children's music groups utilize music therapy techniques that support children in developing abilities that are strengthened and transferred to other areas of their lives. Children have fun and learn to be successful in a small group setting. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: **Session I**: Monday's, September 19 - October 24, 2016
Session II: November 7 - December 19, 2016 (No class Nov. 28)
Program Fee: $50.00 per session
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, 63132

Ages: 3 and under (with caregiver support)	**Times:** 10:45 a.m. -11:30 a.m.
Ages: 3 - 6	**Times:** 1:30 p.m. - 2:15 p.m.
Ages: 5 - 9	**Times:** 4:00 p.m. - 4:45 p.m.

KREATIVE ART FOR KIDS (ages 7-12)

Kids will enjoy hands on art projects and learn skills to create various forms of art. This five week class will bring out your child's creative side and introduce children to art through self exploration. Projects include using water colors, paint, pencil drawing, finger painting, and combining art exploration with music and more. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Thursday's, November 3 - December 15, 2016 (No class Nov. 24)
Time: 6:00 p.m. - 7:15p.m.
Program Fee: $75.00 per session (All supplies included in fee)
Location: Art Unleashed, 13379 Olive Blvd, Chesterfield, MO 63017

CHILDREN'S SIBSHOPS (ages 6 -12)

Being the brother or sister of a person with a developmental disability can be a good thing, sometimes a not-so-good thing, and many times, somewhere in between. Sibshops offers an opportunity for brothers and sisters of children with intellectual disabilities to get peer support and education within a recreation context. The program will include a fun mix of games, activities, friends and discussion. Children will be split into age appropriate groupings. For more information, contact Gabrielle Szarek at gszarek@slarc.org or 314-817-2250.

Dates: 3rd Wednesday of every month, October 2016 - May 2017
Times: 6:00 p.m. - 8:00 p.m.
Program Fee: $60.00
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

FRIENDSHIP FUSION (ages 7-12)

This program is designed to help children work together as a team, while learning social skills and developing friendships. It unites the Superflex curriculum and philosophies from books by author Scott Bellini. This class will introduce social skills such as introductions, engaging in conversation, body language and making friends. For more information, contact Gabrielle Szarek at gszarek@slarc.org or 314-817-2250.

Dates: Monday, October 3 - November 14, 2016 (No class Oct. 31)
Times: 5:30 p.m. - 6:30 p.m.
Program Fee: $75.00
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

TEEN SCENE (ages 13 - 16)

This is a class designed to help teens learn the social skills they need to develop healthy relationships. Some of the topics include: understanding social cues, improving communication, managing anger, developing healthy friendships, and dating. For more information, please contact Carly McElvaine at cmcelvaine@slarc.org or 314-817-2233.

Dates: Wednesday's, October 5 - November 9, 2016
Times: 5:30 p.m. - 6:30 p.m.
Program Fee: $75.00
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

MUSIC MOVES (ages 13-20)

Music Moves class will be filled with fun and high energy. You will learn popular dance moves, the art of singing and developing musical skills. This well balanced program allows you to develop within a supportive and empowering environment; stimulating your imagination while building confidence. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Monday's, September 19 - October 24, 2016
Times: 5:00 p.m. - 6:00 p.m.
Program Fee: $75.00
Location: St. Louis Arc Family Center, 1177 N. Warson Rd, Creve Coeur, MO 63132

TEEN BOWLING (ages 13-20)

Grab your bowling ball and shoes and let's hit the lanes for some bowling. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: 1st & 3rd Saturday of each month; September 17, 2016 - May 20, 2017
Time: 9:00 a.m.
Program Fee: $30.00 plus $8.00 pay-at-door fee each time attending **OR** Pre-pay $135.00 (includes program fee)
Location: Sunset Lanes, 7777 Watson Rd., St. Louis, MO 63119

THE ARTIST IN YOU (ages 18 & older)

Explore your hidden artistic talents! Join our exciting art class, which offers basic instruction in drawing, painting, and multimedia art. An annual art exhibit will be held during the summer to display your artwork. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Mondays, September 19 - October 24, 2016
Times: 6:30 p.m. - 8:30 p.m.
Location: Living Arts, 2814 Sutton Blvd, Maplewood, MO 63143
Program Fee: $75.00 per session (includes supplies)

COOKING FOR COMFORT (ages 18 & older)

Enjoy hands-on experience in the kitchen while learning how to prepare easy, delicious meals. An experienced cooking instructor will assist participants in preparing tasty dishes. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Session I: Fun with Yeast
Dates: Wednesdays, October 5-19, 2016
Session II: Potluck Dishes
Dates: Wednesdays, October 26-November 9, 2016
Times: 4:30 p.m. - 6:30 p.m. **OR** 6:30 p.m. - 8:30 p.m.
Program Fee: $45.00 per session
Location: St. Louis Arc Family Center, 1177 N. Warson Rd., Creve Coeur, MO 63132

SOCCER (ages 18 & older)

Grab your ball and cleats and head to the field to learn the basics, or perfect your soccer skills on the field For more information, contact Dan Correll at dcorell@slarc.org or 314-817-2227.

Dates: Saturdays, September 17 - November 5, 2016
Time: 10:00 a.m. - 12:00 p.m. (Noon)
Program Fee: $55.00
Locations: Sugar Creek Park and Beirne Park

AWAKE, AWARE & ALIVE! (ages 18 and older)

Join us for an experience you won't forget! Awake, Aware, & Alive educates participants about the elements of a balanced life, including mind, body, and spirit. This class will help individuals explore new strategies to manage stress and to improve overall wellbeing. It will also give participants a chance to explore new recreational experiences such as Yoga, Pilates, and Tai Chi. For more information, contact Carly McElvaine at cmcelvaine@slarc.org or 314-817-2233.

Dates: Tuesday's, Oct. 4 - November 8, 2016
Time: 5:30 p.m. - 6:30 p.m.
Program Fee: $75.00
Location: Inspiration Point, 200 S. Hanley Rd., Suite 103, Clayton, MO 63105

BOWLING LEAGUES (ages 18 & older)

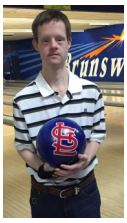
Grab your bowling ball and shoes and let's hit the lanes for some bowling. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.
Program Fee: $30.00 plus $8.00 pay-at-door fee each time attending **OR** see Pre-pay option for each league (includes program fee)

SUNSET/WATSON BOWL
9:00 a.m.
1st & 3rd Saturday of each month
September 17, 2016 - May 20, 2017
Pre pay option: $135.00
Sunset Lanes, 7777 Watson Rd.,
St. Louis, MO 63119

BRUNSWICK BOWL
9:00 a.m.
Every Saturday
September 17, 2016 - May 13, 2017
Pre pay option: $240.00
Brunswick Zone, 176 Four Seasons,
Chesterfield, MO 63017

OLIVETTE BOWL - SATURDAYS
10:00 a.m.
Every Saturday
September 17, 2016 - May 13, 2017
Pre pay option: $240.00
Olivette Lanes, 9520 Olive Blvd., Olivette,
MO 63132

SUNSET BOWL
3:00 p.m.
2nd, 4th & 5th Saturday of each month
September 24, 2016 - May 13, 2017
Pre pay option: $135.00
Sunset Lanes, 7777 Watson Rd., St. Louis,
MO 63119



OLIVETTE BOWL - WEDNESDAY DAY
10:30 a.m.
Wednesdays, September 21 - Nov. 16, 2016
Pre Pay Option: $95.00
Olivette Lanes, 9520 Olive Blvd.,
Olivette, MO 63132

NEXT CHAPTER BOOK CLUB (ages 18 & older)

The Next Chapter Book Club meets weekly at local bookstores and cafes. It gives adults the opportunity to learn to read, talk about books, and make friends in a fun community setting. Participants range from those who read well, to those who do not read at all. For more information, contact Carly McElvaine at 314-817-2233 or cmcelvaine@slarc.org.

Dates: Thursdays, September 22 - December 8, 2016 (no Book Club Nov. 24)
Session I: 6:00 p.m. - 7:00 p.m. (Ladue and Chesterfield Only)
Session II: 7:00 p.m. - 8:00 p.m. (All locations)
Program Fee: $15.00 per session, plus cost of books
LOCATIONS: *(Please mark 1st & 2nd Choice on registration form)*

- **Ladue:** Barnes & Noble, Ladue Crossing Shopping Center
- **Des Peres:** Barnes & Noble, 113 West County Center
- **Chesterfield:** Barnes & Noble, 1600 Clarkson Rd.
- **Crestwood:** St. Louis Bread Co., 1074 Sunset Hills Plaza

WALKING CLUB (ages 18 & older)

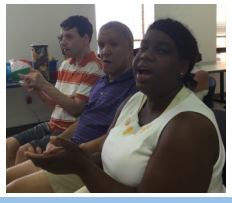
Get moving with the St. Louis Arc and join us for walks at local parks. The St. Louis Arc will provide a long sleeve t-shirt to all participants, and also pedometers every week to track your miles. We will accommodate the novice, as well as the fast paced walker. Family members and friends are encouraged to register as well. For more information, please contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.

Dates: Thursdays, September 8 - October 13, 2016
Time: 5:30 p.m. - 7:00 p.m.
Program Fees: $50 per person or $30 per person for 3 weeks - 1 park
Locations: Longview Park: September 8 - September 22
Des Peres Park: September 29 - October 13 (Celebration: location T.B.D.)

ADULT MUSIC (ages 21 & older)

The adult music classes are designed to provide a fun and supportive outlet for expressing yourself through music. We will maximize the benefits of music for people with communication and sensory challenges by providing smaller group sizes and more hands-on support. For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: **Session I** - Mondays, September 19 - October 24, 2016
Session II - Mondays, November 7 - December 12, 2016
Time: 6:30 p.m. - 7:15 p.m.
Program Fees: $50.00 per person
Location: St. Louis Arc Family Center,
1177 N. Warson Rd., MO 63132



Dates: **Session I** - Thursday's, September 22 - October 27, 2016
Session II - Thursday's, November 3 - December 15, 2016
Time: 10:00 a.m. - 10:45 a.m.
11:00 a.m. - 11:45 a.m. (small group)
12:30 p.m. - 1:15 p.m.
Program Fees: $50 per person
Location: St. Louis Arc Family Center,
1177 N. Warson Rd., Creve Coeur, 63132

These year round programs have a one time registration fee. Please register for the programs of your choice. You only need to re-register for these programs in the Fall.

TEEN MEET UP (ages 13-19)

Enjoy the company of teens while engaging in social and recreational activities. Activities may include crafts, karaoke, board games, and Wii. Come and join the fun! For more information, contact Clinton Hall at chall@slarc.org or 314-817-2293.

Dates: Monthly, second to last Friday of the month, September 2016 - August 2017
Times: 6:00 p.m. - 8:00 p.m.
Program Fee: $30.00 plus $10.00 at the door
Location: St. Louis Arc Family Center, 1177 N Warson Rd., Creve Coeur, MO 63132

20 SOMETHING'S MEET UP (ages 20-29)

Join other people in their 20's at a monthly social activity. This club will provide a comfortable environment to make friends, enhance social skills, and have fun in a safe and supportive area. For more information, contact Gabrielle Szarek at gszarek@slarc.org or 314-817-2250.

Dates: Monthly, September - August 2017 **Program Fee**: $30.00 plus $15.00 at the door
Times: Varies with event **Location**: Varies with event
*When you register for 20 Something's Meet Up group, you are automatically registered for St. Louis Scene Meet Ups and able to attend any of the events offered through that program.

ST. LOUIS SCENE MEET UP (AGES 18 & OLDER)

St. Louis Scene Meet Up offers a variety of recreation and leisure opportunities for adults to explore their community. Individuals receive a calendar of events every two months. Staff and volunteers will be stationed at fun and exciting locations in the St. Louis metro area on weekends. For more information, contact Bre Ward at bward@slarc.org or 314-817-2226.

Dates: September 2016 - August 2017 **Program Fee:** $30.00, plus event fees
*When you register for St Louis Scene Meet Up group, you are automatically registered for 20 Something's Meet Ups and will be eligible to attend any of the events offered through that program.

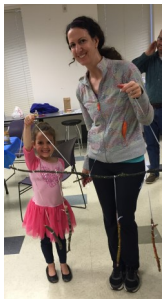
DANCE CLUBS (ages 18 & older)

Do you like to dance or socialize with friends? Join the fun at two different locations. Come enjoy Club South, at St. Lucas Church (South City), where you will enjoy the sounds of a great band playing today's hits and yesterday's favorites. Or join us at Club 1177, in Creve Coeur, where a DJ spins the current hits, old favorites and any requests. Be with friends, meet new people, and enjoy refreshments. For more information, contact Gabrielle Szarek at 314-817-2250 or gszarek@slarc.org.
Program Fee: $30.00, plus $10.00 pay at the door or pre pay option of: $130.00 (includes program fee)

<u>Club 1177</u>
September 2016 - August 2017
3rd Saturday of month, 7:00 p.m. - 9:30 p.m.
St. Louis Arc Family Center
1177 N. Warson Rd., Creve Coeur, MO 63132

<u>Club South</u>
September 2016 - August 2017
3rd Friday of month, 7:30 p.m. - 10:00 p.m.
Sept. - May: St. Lucas Church Gym, 7100 Morganford, MO 63116
June - Aug.: TBD

FAMILY FUN NIGHTS



The St. Louis Arc offers a series of family-friendly activities for families of all ages and abilities to get together for fun at the St. Louis Arc Family Center. To RSVP, or for more information, contact Bre Ward at bward@slarc.org or 314-817-2226.
Dates: August 26 - Summer Fun
September 30 - Fall Festival
October 28 - Bingo
November - No Event (Happy Thanksgiving)
Time: 6:00 p.m. - 8:00 p.m.
Location: St. Louis Arc Family Center 1177 N. Warson Rd., Creve Coeur, MO 63132

Program Registration

- Completely fill out both sides of the enclosed registration form. **Program fee(s) must accompany your registration.**
- Programs are filled on a first-come, first-served basis. Only paid registrants will be accepted. Confirmation is sent before programs begin.

Weather Cancellation Procedures

- In the event of inclement weather, the Leisure Services Department will make decisions about the program status **two hours prior to program starting time.**
- Weather cancellations may include programs cancelled due to a heat index of 97° or above, or when temperatures dip below 10° for an extended period of time.
- Participants, families, and volunteers should call the **RECREATION HOTLINE at 314-817-2244,** or view our website, **www.slarc.org**, to check the status of the program.

Financial Assistance

New this year: For financial assistance with program fees, please go to bit.ly/slarc-finaid and download a financial assistance form **prior to registering** for a program and email form to Rhonda Hembree at rhembree@slarc.org.

Refund Policy

Cancellation by the participant must be made two weeks prior to the start of program to receive full refund. No refunds will be made after that time.

Additional Information

- Rules of acceptance and participation in our programs are the same for everyone, without regard to race, color, gender, national origin, age or ability.
- If you need accommodations to participate fully, please indicate this on the registration form.
- The participant acknowledges that she/he is in good health and able to participate in all activities of the program.
- The St. Louis Arc reserves the right to cancel programs.
- Participants are responsible for any medical expenses incurred during recreation/leisure programs.
- All participants and spectators are expected to be respectful of themselves and others. Violence and/or abusive language or behaviors will not be tolerated. Any participant or spectator may be excluded at any time during the program by the Leisure Services Staff, if it is judged that the participant or spectator has hampered the safety, welfare, or enjoyment of other participants.

Registration Deadline: September 2, 2016

Visit Our NEW Website www.slarc.org

New Arc Website is on the Way!!

This summer the St. Louis Arc will unveil a new and improved website! Our Communications Department has spent the past year and a half researching, planning, and working towards what's sure to be a huge improvement. The website address (www.slarc.org) will stay the same, but the look, feel, and information will be new and up-to-date. Be on the lookout for additional communication about the launch date of the new site, as well as tips on where to find useful information on everything St. Louis Arc.

Online Registration Going Away

In an effort to serve you better, and in conjunction with the launching of the St. Louis Arc's new website in August, registration for all St. Louis Arc programs will no longer take place on RecDesk. Unfortunately, RecDesk was a system that was rarely used by Arc families so the decision was made to eliminate it completely. Currently, individuals can sign-up for programs by filling out the registration form from the Leisure times and mailing it to the St. Louis Arc Family Center. Additionally, once the new website launches there will be multiple places throughout the website where individuals can download a .pdf fillable registration form and email it back to Bre Ward. If you have any questions about the registration process, please call Bre Ward at 314-817-2226.

Networking Socials & Support Groups

Unless otherwise noted, all groups meet at the St. Louis Arc Centene Family Center located at 1177 N. Warson Rd. Saint Louis, MO 63132. For more information, contact Sharon Spurlock at sspurlock@slarc.org or 314-817-2222, unless otherwise noted.

Launch: Event dates and times vary. A support group for families of young adults who have the potential to live and work in the community, but who face barriers to success.

Caregivers of Girls with Autism: 2nd Saturday of each month from 9:00 a.m. - 11:00 a.m. Join caregivers of girls who have an autism diagnosis to share your unique parenting experiences and gain valuable connections and resources. For more information please contact, Ann Mangelsdorf at amangelsdorf@slarc.org or 314-817-2275.

Adults with Asperger Syndrome Meet Up: 2nd Friday of the month, 6:30 p.m. - 8:00 p.m., locations vary. Join other adults with Asperger Syndrome and their friends and allies for monthly social activities.

Adult Siblings: Event dates and times vary. This group of siblings of individuals with disabilities receive information, support, and tools to advocate with their brothers and sisters, and to promote the issues important to them and their entire families.

Caregivers of Adults who are 40 & older: 3rd Friday of every month, 10:00 a.m. - 11:30 a.m. Meet caregivers supporting a person with a disability who is 40 years old or older, and get resources for changes that may occur as you and your family member age.

Dads Group: Dates and locations vary. For dads who understand the unique challenges of having a family member with a disability. Check www.slarc.org for regular updates. For more information, contact Mark A. Keeley at mkeeley@slarc.org or 314-817-2280.

Caregivers of People with Asperger Syndrome: 3rd Saturday of the month, 9:00 a.m. - 11:00 a.m. This group is open to caregivers who have a child with Asperger Syndrome or a similar diagnosis.

MAKE A PERMANENT DIFFERENCE

Leisure Endowment Fund

By including the Leisure Endowment Fund in your estate plans you can make a lasting impact by providing critical funding for our programs.

- Financial assistance for participants, siblings and families
- Reduction of costs for facility rentals such as gyms, soccer and softball fields
- New sports equipment, uniforms, art supplies, and books
- Recognition of coaches, volunteers and direct support staff who provide superior services

For more information please contact John Taylor at 314-817-2240 or jtaylor@slarc.org.

VIP Funders: The St. Louis Arc services are funded in part by the fees you pay and by the United Way of Greater St. Louis, the Productive Living Board for St. Louis County Citizens with Developmental Disabilities, St. Louis Office for Developmental Disabilities Resources, Variety, The Children's Charity, and private donations.

Leisure Services Contact Information

Dan Correll
Coordinator
314-817-2227
dcorrell@slarc.org

Clinton Hall
Coordinator
314-817-2293
chall@slarc.org

Carly McElvaine
Coordinator
314-817-2233
cmcelvaine@slarc.org

Gabrielle Szarek
Coordinator
314-817-2250
gszarek@slarc.org

Breanne Ward
Coordinator/
Administrative Manager
314-817-2226
bward@slarc.org

Rhonda Hembree
Director
314-817-2245
rhembree@slarc.org

Shaughnessy Daniels
Vice President -
Community Supports
314-817-2218
sdaniels@slarc.org

Arc TTY
314-569-2021
MO TTY Relay:
1-800-735-2966

St. Louis Arc Participant Profile

Please complete both sides & mail.

Participant Name | Date of Birth | Social Security Number (print legibly—confirm by viewing card or appropriate documentation as necessary)

Home phone | Cell phone | E-mail Address

__ Please check here to receive brochure and registration form via email ONLY.

Street Address | City | State | Zip Code

Participant's Employer

1

Gender

- ☐ Male
- ☐ Female

2

Participant Lives: (include agency name when appropriate)

- ☐ w/Family
- ☐ Independently
- ☐ Foster Home
- ☐ Specialized Facility _____
- ☐ Nursing Home _____
- ☐ Habilitation Center _____
- ☐ Group Home/ISL _____
- ☐ Individual Supported Living Arrangement
- ☐ Other _____

3

When did disability manifest itself? ☐ Prior to age 19 ☐ Prior to age 22

Participant's Diagnosis:

- ☐ Intellectual Disability
- ☐ Learning Disability
- ☐ Autism Spectrum Disorder
- ☐ Traumatic Brain Injury
- ☐ Seizure Disorder
- ☐ Other _____
- ☐ Cerebral Palsy

If "Other" diagnosis or "Learning Disability" is checked, select the substantial functional limitations in two or more of the following areas of major life activities:

- ☐ Receptive-Expressive Language
- ☐ Learning
- ☐ Capacity for Independent Living
- ☐ Self Care
- ☐ Self Direction or Economic Self Sufficiency
- ☐ Mobility

4

Participant's Race:

- ☐ African-American
- ☐ Caucasian
- ☐ Asian
- ☐ Native American
- ☐ Bi-Racial
- ☐ Hispanic
- ☐ Other _____

5

Do you receive case management services?

☐ Yes ☐ No

If yes, choose one:

☐ Regional Office ☐ DDRB/DDR

Support Coordinator/Case Manager Name:

Service Coordinator Phone: **DMH ID#**

6

Medical/Dietary Concerns OR Accommodation Needed:

7

1st Emergency Contact: Guardian? ☐ Yes ☐ No **Emergency Contact priority:** 1 2 3

Name | Relationship | (Area Code) Home Phone Number

Address | (Area Code) Work Phone Number

City | State | ZIP | (Area Code) Cell Phone Number

E-mail | Employer

2nd Emergency Contact: Guardian? ☐ Yes ☐ No **Emergency Contact priority:** 1 2 3

Name | Relationship | (Area Code) Home Phone Number

Address | City | State | ZIP | Work Phone Number | Cell Phone Number

Employer | E-mail

Fall 2016

Release and Agreement Statement

I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for the participant as named on this form at my expense. By signing, I give permission to the St. Louis Arc to release my personal information to the program leader. I do hereby indemnify said Association, its agents and employees, and agree to hold it and them harmless from any and all liability arising out of any injury, illness, or accident that might happen to the participant and from any damage the participant might cause to any person(s) or property while in the care of the Association or its agents of employees.

I have read the above, which I understand and agree to abide by.

_____ _____

Signature of Participant | Date | Signature of Parent or Guardian | Date

I hereby authorize the use of my name, photographs and/or videotape for newspaper, radio, website, advertisement or publication by the St. Louis Arc.
Please initial here if you agree to this statement. _____

Please Complete Both Sides

Participant's Name: _____

T-Shirt Size *(please circle choice)*
S M L XL XXL XXXL

St. Louis Arc

Children & Teen Programs

		PROGRAM FEES
CHILDREN'S MUSIC Ages 3 & Under ☐ 10:45-11:30 a.m. Ages 3 to 6 years ☐ 1:30-2:15 p.m. Ages 5 to 9 years ☐ 4-4:45 p.m.	$50 per session Session I: ☐ Session II: ☐	
☐ KREATIVE ART FOR KIDS	Fee: $75.00	
☐ CHILDREN SIBSHOPS	Fee: $60.00	
☐ FRIENDSHIP FUSION	Fee: $75.00	
☐ TEEN SCENE	Fee: $75.00	
☐ MUSIC MOVES	Fee: $75.00	
☐ TEEN BOWLING	**Fee: $30.00 OR Pre-pay** $135.00	

Adult Programs

☐ ARTIST IN YOU	Fee: $75.00	
COOKING FOR COMFORT **Fee: $45.00** per session **Session I** ☐ 4:30-6:30 p.m. ☐ 6:30-8:30 p.m. **Session II** ☐ 4:30-6:30 p.m. ☐ 6:30-8:30 p.m.		
SOCCER ☐ Sugar Creek Park ☐ Bierne Park	Fee: $55.00	
☐ AWAKE, AWARE, ALIVE	Fee: $75.00	
BOWLING ☐ Brunswick Bowl ☐ Sunset/Watson (a.m.) ☐ Sunset Bowl (p.m) ☐ Olivette Bowl (Sat.) ☐ Olivette Bowl (Wed.) Program Fee $30.00 OR Pre-Pay Option (amount above)	Pre-Pay Option $240.00 $135.00 $135.00 $240.00 $95.00	

Total fee from Column 1: ☐

Adult Programs

NEXT CHAPTER BOOK CLUB — Fee: $15.00 per session
☐ Session I: 6:00 - 7:00 pm ☐ Des Peres ☐ Crestwood
☐ Session II: 7:00 - 8:00 p.m. ☐ Chesterfield ☐ Ladue ☐ Des Peres ☐ Crestwood

WALKING CLUB:
☐ All Parks (6 week session) Fee: $50.00
Fee:$30 per session/park
☐ Longview Park only
☐ Des Peres Park only
TOTAL FEE:

ADULT MUSIC — Fee: $50.00 per session
Thursday
Session I
☐ 10-10:45 a.m.
☐ 11-11:45 a.m.
☐ 12:30 - 1:15 p.m.
Session II
☐ 10-10:45 a.m.
☐ 11-11:45 a.m.
☐ 12:30 - 1:15p.m.

ADULT MUSIC — Fee $50.00 per session
Mon. 6:30-7:15 p.m.
☐ Session I ☐ Session II

Year Round Programs

☐ TEEN MEET UP	Fee: $30.00
☐ 20 SOMETHINGS MEET UP	Fee: $30.00
☐ ST. LOUIS SCENE MEET UP	Fee: $30.00
DANCE CLUB **Program Fee $30.00 or Pre-Pay $140.00** ☐ Club 1177 ☐ Club South	
☐ FAMILY FUN NIGHT	**Fee: $0**

Total fee from Column 2: ☐

Total fee from Column 1: ☐

GRAND TOTAL: ☐

METHOD OF PAYMENT

PLEASE RETURN FORM AND FEES TO:
St. Louis Arc/Leisure Services
Attention: Accounts Receivable
1177 N. Warson Rd.
St. Louis, MO 63132

☐ St. Louis Arc Resident ONLY—Payment from Escrow

For Office Use Only
Amt 1 coded to _____ *Amt 2 coded to* _____
*Payment Amount*_____ *Date Received* _____ *Payment Method* _____

☐ Check Enclosed *(Payable to St. Louis Arc/Leisure Services)*
☐ Please charge my credit card
☐ Visa ☐ MasterCard ☐ Discover
Credit Card number: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐
Expiration Date: ☐☐☐☐
Name on Card:_____
(Required–Please Print)

Registration Deadline: September 2, 2016