

Online Registration
Click Here



LEISURE TIMES

Pickleball For All

For more information
See page 6

SPRING/SUMMER 2023

Arc United Sports

For more information
See pages 5 & 6



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**Registration
Deadline:
March 28, 2023**

Arc United Sports – Come Out & Play!



Summer is coming, and the St. Louis Arc is looking for fun, energetic people without disabilities to play in our Arc United Sports programs. Arc United Sports is an inclusive team made up of people with and without disabilities playing in local community recreational leagues. Did you know that the St. Louis Arc has been offering Arc United Sports since 2012? The Arc United indoor soccer team kicked off its first season in 2012 and continues to play at the Vetta Sports Soccerdome. We also have three Arc United Softball teams, an Esports League (PLUG IN), and a co-ed basketball league. This year, we will host an Arc United Pickleball Clinic as well as Arc United Bowling teams to compete in local leagues throughout St. Louis.

The St. Louis Arc believes people with all abilities can play together, learn from each other, and grow together while creating an atmosphere of acceptance and encouragement. This new trend for the St. Louis Arc sports world is becoming very popular among players, coaches, and spectators. Word of mouth is spreading, and our teams are expanding. In addition, there has been positive feedback and a competitive camaraderie from the other community recreational teams.



The St. Louis Arc's philosophy is more than a game, but rather setting a platform for community equality. So, whether you are ready to join a team or able to come out and cheer us on, your support goes beyond a winning goal. For more information, please contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.

Let's continue to make extraordinary and memorable moments this summer!

Rhonda Hembree
Director of Leisure Services

Neighborhood Experiences – Summer Teen Project

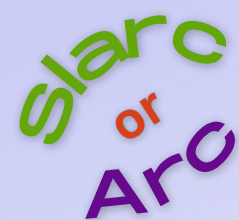
Registration is now open! Neighborhood Experiences serves young people aged 13 to 20 in both St. Louis County and the City. The eight-week project supports young adults Monday through Friday as they gain employment, independent living skills, build friendships, and explore opportunities in the community. For more information, please contact Clinton Hall at chall@slarc.org or 314-817-2293.



We are hiring Seasonal Staff

The Leisure Services Department is looking for fun, creative, and energetic seasonal staff to work in our Neighborhood Experiences summer teen project. Staff will support teens at volunteer sites and in community activities. Hours are Monday – Friday, 9am – 4pm, June 5 to August 4, 2023. For more information please contact Clinton Hall at 314-817-2293 or chall@slarc.org or go to www.slarc.org to apply. It is under Seasonal Staff or you can click on the link to apply:

<https://recruiting.ultipro.com/STL1000SLARC/JobBoard/dab9c428-5f70-4fa4-b359-8f99f4a9d661/OpportunityDetail?opportunityId=12ebdeba-7ff2-4f7f-a9bc-5590b62f3870>



What's in a Name?

The St. Louis Arc has been an integral part of our community for more than 70 years. Over time, our agency has grown and improved as our community has changed. A key aspect of our agency, our name, made a large shift in the 1990's. We moved away from the acronym ARC and rebranded ourselves as simply St. Louis Arc.

We understand many of our long-term friends, families, and community members were introduced to us with the acronym ARC or SLARC. As individuals continue to share their experiences with others and refer other families to our agency, please make sure you also help them remember our name: St. Louis Arc. Learn more about our agency's mission and our name by visiting our website.

Recreation Hotline & Coordinator on Call Procedure Reminder



When should you call the Recreation Hotline:

- Inclement weather
- Any time you are uncertain about program cancellations

When should you call the Coordinator on Call:

- Emergencies during program times
- Location/Facility issues during program time

For general program questions, please contact the coordinator for the particular program you are interested in, during normal business hours. A complete list of our program coordinators are listed in this brochure.

For program registration, payment questions, or contact information updates, contact Jeanine Springer at jspringer@slarc.org or 314-817-2226, during normal business hours.

Arc Escapes Staycation 2023! (ages 18 & older)

Arc Escapes consists of individual trips that are planned throughout the year to provide participants the opportunity to explore and travel to various Midwest locations. During this exploration, participants will have the opportunity to explore various sites, relax, try new and different cuisine, make new friends, and learn how to travel.



We are highlighting our St. Louis Staycation trip!

This trip will take place April 21 - 23. We will stay downtown and visit new and exciting places around the city, eat at local restaurants, and most importantly have fun! NOTE: Travelers must be independent in personal care needs, administering any needed medications, and able to stay in a hotel room with another participant. For more information about registration, or the Arc Escapes program, please call Bri Reyes at 314-817-2250 or email at breyes@slarc.org.

To register for Arc Escapes St. Louis Staycation, please click the link below:

<https://slarc.formstack.com/forms/arcescapes>

Adult Music (ages 18 & older)



Music classes are designed to provide a fun and supportive outlet for expressing yourself. Weekly activities may include using instruments, sing-alongs, collaborative songwriting, music and movement. To maximize the benefits of music for people of all abilities, we will provide smaller group sizes. For more information, contact Sarah Ballance at sballance@slarc.org or 314-817-2229



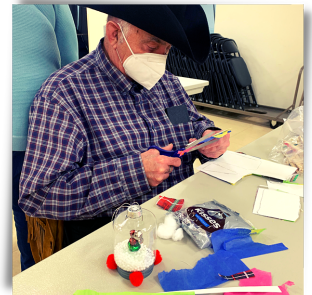
Dates: Mondays, June 5 – August 14 (no class July 3rd)
Time: 6:30 p.m. – 7:15 p.m.
Dates: Thursdays, June 8 – August 17
Time: 10:00 a.m.
Location: St. Louis Arc Family Center, 1177 N. Warson Rd. St. Louis, MO 63132
Program Fee: \$110.00

The Artist in You (ages 18 & older)



Explore your hidden artistic talents! Join our exciting art class which offers basic instruction in drawing, painting, and multimedia art. To maximize the benefits of the Artist in You program, we will provide smaller group sizes. Program fee covers the cost of all art supplies. For more information, contact Sarah Ballance at sballance@slarc.org or 314-817-2229.

Session I: Mondays, May 22 – June 26 (No class May 29 & June 19)
Session II: Mondays, July 10 – July 31
Times: 6:30 p.m. – 8:00 p.m.
Location: Center of Clayton, 50 Gay Ave. Clayton, MO 63105
Program Fee: \$70.00



Cooking for Comfort - In-Person (ages 18 & older)



Join us and enjoy an in-person experience in the kitchen while learning how to prepare easy, delicious meals. An experienced cooking instructor will guide participants in preparing tasty dishes. For more information, contact Sarah Ballance at sballance@slarc.org or 314-817-2229.

Session I
Dates: May 1 – May 15
Day: Mondays
Time: 4:30 p.m. – 6:15 p.m.
 OR
Time: 6:30 p.m. – 8:15 p.m.

Session II
Dates: May 22 – June 12 (No class May 29)
Day: Mondays
Time: 4:30 p.m. – 6:15 p.m.
 OR
Time: 6:30 p.m. – 8:15 p.m.

Location: St. Louis Arc Family Center, 1177 N. Warson Rd. St. Louis, MO 63132
Program Fee: \$55.00





Bowling (ages 18 & older)

Grab your bowling ball and shoes, and hit the lanes for some bowling! For more information about Bowling leagues, contact Bri Reyes at breyes@slarc.org or 314-817-2250.

WEDNESDAYS

OLIVETTE BOWL - AM

Dates: Wednesdays, May 24 - July 26

Time: 10:00 a.m. - 12:00 p.m.

SATURDAYS

OLIVETTE BOWL - AM

Dates: Saturdays, June 3 - August 5

Time: 10:00 a.m. - 12:00 p.m.



Location: Olivette Lanes, 9520 Olive Blvd. Olivette, MO 63132

Program Fee: \$35.00 plus \$10.00 pay-at-door fee each time attending or Pre-Pay Option: \$125.00

Arc United Bowling (ages 18 & older) New Program

Join today!!! Have you always wanted to join a bowling league? We have started an Arc United Bowling league for bowlers with and without disabilities. You can bowl with your family, friends, or someone brand new in our league. For more information about Bowling leagues, contact Dan Correll at dcorrell@slarc.org or 314-817-2227.

TUESDAYS

WEST COUNTY LANES

Dates: Tuesdays, June 13 - August 29 (No bowling July 4)

Time: 7:00 p.m. - 8:30 p.m.

Location: West County Lanes, 15727 Manchester Rd. Ellisville, MO 63011

Program Fee: \$180.00



Golf (ages 18 & older)



Perfect your swing, practice your putting, or test your driving distance from the tee! All skill levels welcome. Professional golf instructors will assist you in learning proper techniques and develop a love of the game. For more information, contact Bri Reyes at 314-817-2250 or breyes@slarc.org.

Dates: Tuesdays, May 9 - June 27

Time: 6:30 p.m. - 8:00 p.m.

Location: Creve Coeur Golf Course - 11400 Olde Cabin Rd, Creve Coeur, MO 63141

Program Fee: \$55.00



Arc United Pickleball Clinic (ages 18 & older) ← New Program

Join the craze. Pickleball is a sport created for all skill levels for people with and without disabilities. The rules are simple, and the game is easy for beginners and experienced players. Come and learn the rules and the game at our clinic. We will provide the equipment and fun. Door prizes will be given out to 3 lucky winners. For more information, contact Dan Correll at 314-817-2227 or dcorrell@slarc.org

- Dates: Saturday, June 3 or August 5
- Time: 1:00 p.m. to 3:00 p.m.
- Location: Vetta Sports - 12320 Old Tesson Rd, St. Louis, MO 63128
- Program Fee: \$35.00 Per clinic



Arc United Softball (ages 18 & older)

If you're interested in playing in community leagues, having fun, meeting new friends, and improving your softball skills, then this is the team for you! Arc United consists of athletes of all abilities. For more information, contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.

- Dates: Sundays, April 23 - June 18
- Time: 6:00 p.m., 7:00 p.m., 8:00 p.m.
- Team: Crush
- Location: Shaw Park, Clayton MO.
- Program Fee: \$55.00

- Dates: Fridays, July 14 - August 18
- Time: 6:00 p.m. and 7:00 p.m.
- Team: Sliders
- Location: Kirkwood Park, Kirkwood MO.
- Program Fee: \$55.00

- Dates: Tuesdays, June 6 - July 18 (No game on July 4)
- Time: 6:00 p.m. and 7:00 p.m.
- Team: Arcade
- Location: Shaw Park, Clayton MO.
- Program Fee: \$55.00



Softball (ages 18 & older)

Get your ball and glove, and let's play some softball with your friends. No experience necessary. For more information, contact Bri Reyes at breyes@slarc.org or 314-817-2250.

- Dates: Wednesdays, May 3 - June 14 (Saturday Practice - April 29)
- Time: 6:30 p.m. - 8:00 p.m.
- Teams: Bobcats, Bombers, Cardinals, Cougars, Jammers, Tigers, Vipers
- Location: Vatterott Park, Kirkwood Park, and Love Park
- Program Fee: \$55.00



Walking Club (ages 18 & older)

Get moving and join us for walks at local parks. Walking is a great way to exercise, and socialize. We will accommodate the novice, as well as the fast-paced walker. Family members and friends are encouraged to register as well. For more information, contact Dan Correll at 314-817-2227 or dcorrell@slarc.org.

- Dates: Thursdays, April 27 - June 29
- Time: 6:30 p.m. to 8:00 p.m.
- Location: Des Peres Park and Longview Park
- Program Fee: \$55.00



Refund Policy Reminder

Refund Policy

Please remember, program cancellations by the participants must be made two weeks prior to the start of program to receive a full refund.

No refunds will be made after that time.

Program Registration

Please use our online registration process to securely register and pay for programs by clicking on the link below.

<https://slarc.formstack.com/forms/springformstack>

You may also complete the attached/enclosed registration form. Please see mailing address at the bottom of the registration form for mailing instructions.

Programs are filled on a first-come, first-served basis. Only paid registrants will be accepted. Confirmations will be sent two weeks prior to the start of the program.

Weather Cancellation Procedures

In the event of inclement weather, the Leisure Services Department will make decisions about the program status two hours prior to program starting time.

Weather cancellations may include programs cancelled due to a heat index of 97° or above, or when temperatures dip below 10° for an extended period of time.

Participants, families, and volunteers should call the RECREATION HOTLINE at 314-817-2244 to check the status of the program.

Financial Assistance

Please go to the St. Louis Arc website and download a financial assistance form prior to registering for a program and email form to Rhonda Hembree at rhembree@slarc.org. Or call Rhonda at 314-817-2245 to receive the financial assistance form via mail.

Additional Information

Rules of acceptance and participation in our programs are the same for everyone, without regard to race, color, gender, gender identity, sexual orientation, national origin, religion age, or ability.

If you need accommodations to participate fully, please indicate your specific accommodations on the registration form.

The participant acknowledges that she/he is in good health and able to participate in all activities of the program.

The St. Louis Arc reserves the right to cancel programs. Participants are responsible for any medical expenses incurred during recreation/leisure programs.

All participants and spectators are expected to be respectful of themselves and others. Violence and/or abusive language or behaviors will not be tolerated. Any participant or spectator may be excluded at any time during the program by the Leisure Services Staff, if it is judged that the participant or spectator has hampered the safety, welfare, or enjoyment of other participants.





The Arc strives to assist people in finding the right resources, whether offered internally or externally. The Arc has identified several key staff, Family Navigators, to provide guided support throughout the lifespan. These staff members help individuals and families navigating the many systems and resources available.

The navigator's goal is to provide people with much needed support in discovering the information they need, connecting with peers, and obtaining resources and services that will benefit the family.

How to Contact an Arc Navigator:

Families of Children ages 0 - 11

Lee Anna Sanders,
Family Navigator,
314-817-2269

Individuals age 12-18 & Their Families

Hannah Satterwhite,
Family Navigator,
314-817-2249

Adults 19-29

Cait Carr,
Transition Navigator,
314-817-2215

Adults 30+

Ann Mangelsdorf,
Assistant Director for
Family Support &
Advocacy,
314-817-2275

Older Adults & Individuals Searching for Residential Support

Mary Anne Tolliver, Director of Aging & Residential Navigation, 314-817-2218

Leisure Services Contact Information

Sarah Ballance
Coordinator
314-817-2229
sballance@slarc.org

Dan Correll
Coordinator
314-817-2227
dcorrell@slarc.org

Clinton Hall
Coordinator
314-817-2293
chall@slarc.org

Bri Reyes
Coordinator
314-817-2250
breyes@slarc.org

Jeanine Springer
Administrative Manager
314-817-2226
jspringer@slarc.org

Kelly Foster
Assistant Director
314-817-2288
kfoster@slarc.org

Rhonda Hembree
Director
314-817-2245
rhembree@slarc.org

Stephanie Scott
Vice President
sdscott@slarc.org

Arc TTY
314-569-2021
MO TTY Relay:
1-800-735-2966

Join The Team With A Gift To Leisure!

Join in on the fun to support Leisure participants! A gift to Leisure helps ensure that our participants have access to places to play, sports equipment, musical instruments, art supplies, and books. St. Louis Arc's inclusive leisure programs are activities geared to help people make friends, learn new skills, increase confidence, and have tons of fun.

If you would like to designate your gift to one of the choices or another preference, please include in the memo line of your check, or note section if making an online contribution.

- The Leisure Endowment Fund - to make a permanent difference
- Sports Sponsorships - to help make the crowds go wild
- Summer Employment Programs - to prepare youth for the future
- General Leisure Programs - to support the greatest need
- Camp Sponsorships - to ensure memories with friends and family
- Life Skills and Education - to support personal growth and success



For more information, contact John Taylor at 314-817-2240 or jtaylor@slarc.org.

VIP Funders:



The St. Louis Arc services are funded in part by the fees you pay and by the United Way of Greater St. Louis, the Productive Living Board for St. Louis County, DD Resources, and private donations.



Visit our website www.slarc.org



Like us on Facebook



Follow us on Twitter



Follow us on Instagram

Participant Name _____				Date of Birth _____			
Street Address _____				City _____		State _____ Zip Code _____	
<div style="text-align: right; color: red; font-size: small;">Please list all email addresses to receive Arc communications below:</div>							
Preferred phone _____		Phone type _____		Preferred 2nd phone _____		Phone type _____	
Primary _____				Personal _____		Work _____	
Secondary _____				Personal _____		Work _____	
Participant's legal guardian _____							
Participant's Employer _____ Alternative _____							

1	Are you a resident of:		Do you receive medicaid Funds? Yes No Comprehensive Waiver				
	St. Louis City	St. Louis County	Type of Funding:				
	St. Charles County	Jefferson County	Community Waiver Sarah Lopez Waiver Partnership for Hope Waiver				

2	Gender			5	When did disability manifest it's self?		
	Male	Transgendered Male	Prefer not to say		Prior to age 19	Prior to age 22	
	Female	Transgendered Female	Prefer to self-describe		Participant's Diagnosis:		
	Gender Queer/Expansive				Intellectual Disability Learning Disability		
					Autism Spectrum Disorder Traumatic Brain Injury		
					Seizure Disorder Other		
					Cerebral Palsy _____		
					If "Other" diagnosis or "Learning Disability" is checked, select the substantial functional limitations in two or more of the following areas of major life activities.		
					Receptive-Expressive Language Learning		
					Capacity for Independent Living Self Care		
					Self Direction or Economic Self Sufficiency Mobility		

3	Participant's Ethnicity/Race:			6	Participant Lives:		
	Asian	Middle Eastern/North African			w/Family	Group Home	Individual
	Asian American	Native Hawaiian/ Pacific Islander		Independently	Nursing Home	Supported Living	
	Black	White		Foster Home	Habilitation Center	Specialized Facility	
	African American/African Origin	Multiple Race					
	Hispanic or Latino Native	Prefer not to say					
	American/Native Alaskan	Other _____					

4	Primary Language:		Marital status:				
	Chinese		Single	Married			
	English	Arabic					
	Spanish	Bosnian/Croatian					
	German	Tagalog					
	French	Vietnamese					

7	Please complete the following information if you are a client of the Department of Mental Health? DMH # _____					
	Service Coordinator Name: _____		Phone: _____		Email: _____	

8	Medical/Dietary Allergies concerns OR Accommodation Needed:			Epi Pen	Gluten Free

9	Please list the 1st emergency contact below				Check here if address same as above	
	Name _____		Relationship _____		(Area Code) Home Phone Number _____	
	Address _____		City _____	State _____	ZIP _____	(Area Code) Work Phone Number _____
	Employer _____		(Area Code) Cell Phone Number _____			
	E-mail _____					
	Please list the 2nd emergency contact below				Check here if address same as above	
	Name _____		Relationship _____		(Area Code) Home Phone Number _____	
	Address _____		City _____	State _____	ZIP _____	(Area Code) Work Phone Number _____
	Employer _____		(Area Code) Cell Phone Number _____			
	E-mail _____					

Participant's Name: _____

T-Shirt Size(*please circle size*)

S M L XL XXL XXXL

Adult Programs	PROGRAM FEES
<p>Program Fee: \$110.00</p> <p>ADULT MUSIC - Mondays (In-Person) (6:30 p.m. - 7:15 p.m.)</p>	
<p>Program Fee: \$110.00</p> <p>ADULT MUSIC - Thursdays 10:00 a.m. (In-Person)</p>	
<p>Program Fee Per Session: \$70.00</p> <p>THE ARTIST IN YOU (In-Person)</p> <p>Session I Session II</p>	
<p>Program Fee Per Session: \$55.00</p> <p>COOKING FOR COMFORT (In-Person)</p> <p>Session I 4:30 p.m. 6:30 p.m.</p> <p>Session II 4:30 p.m. 6:30 p.m.</p>	
<p>Arc ESCAPES-2023</p> <p>To register for the St. Louis Staycation Trip click below link:</p> <p>https://slarc.formstack.com/forms/arcescapes</p>	
<p>Program Fee: \$180.00</p> <p>Arc UNITED BOWLING West County Lanes</p>	
<p>Program Fee: \$35.00 or Pre-Pay Fee \$125.00</p> <p>BOWLING - Olivette</p> <p>Saturdays</p> <p>Wednesdays</p>	
<p>Program Fee: \$55.00</p> <p>GOLF</p>	
<p>ONLINE PAYMENT PROCESS:</p> <p>To securely register and pay for programs, click the link below: https://slarc.formstack.com/forms/springformstack</p> <p>OR PLEASE RETURN FORM AND FEES TO:</p> <p>St. Louis Arc/Leisure Services - Attention: Accounts Receivable 1177 N.Warson Rd. St. Louis, MO 63132</p>	

Adult Programs	PROGRAM FEES
<p>Program Fee Per Clinic: \$35.00</p> <p>Arc UNITED PICKLEBALL CLINIC</p> <p>June 3rd Clinic August 5th Clinic</p>	
<p>Program Fee: \$55.00</p> <p>Arc UNITED SOFTBALL</p> <p>Crush Sliders</p> <p>Arcade</p>	
<p>Program Fee: \$55.00</p> <p>SOFTBALL</p> <p>Bobcats Cougars Vipers</p> <p>Bombers Jammers</p> <p>Cardinals Tigers</p>	
<p>Program Fee: \$55.00</p> <p>WALKING CLUB</p> <p>Team Walkie Talkie Team Walking Warriors</p>	
<p>Grand Total: <input type="text"/></p>	
<p>Reminder</p> <p><i>Per the cancellation policy we require two weeks notice prior to the start of a program to receive a full refund.</i></p>	
<p>METHOD OF PAYMENT</p> <p>Check Enclosed (<i>Payable to St. Louis Arc/Leisure Services</i>)</p> <p>Please charge my credit card</p> <p>Visa MasterCard Discover</p> <p>Credit Card number: _____</p> <p>Expiration Date: _____</p> <p>Name on Card: _____</p> <p>(Required- please print)</p> <p>St. Louis Arc Resident ONLY—Payment from Escrow</p> <p>For Office Use Only</p> <p>Amt 1 coded to: _____ Amt 2 coded to: _____ Amt 3 coded to: _____</p> <p>Payment Amount: _____ Payment Type: _____</p> <p>Date Received: _____ Initials: _____</p>	

Registration Deadline: March 28, 2023



Spring/Summer 2023 Leisure Registration Form

10**Participant Name:** _____**Release and Agreement Statement**

I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for the participant as named on this form at my expense. By signing, I give permission to the St. Louis Arc to release my personal information to the program leader. I do hereby indemnify said Association, its agents and employees, and agree to hold it and them harmless from any and all liability arising out of any injury, illness, or accident that might happen to the participant and from any damage the participant might cause to any person(s) or property while in the care of the Association or its agents of employees.

I have read the above, which I understand and agree to abide by.

Signature of Participant_____
Date_____
Signature of Parent/Guardian_____
Date**11****Photo Release Statement**

I hereby authorize the use of my name, photographs, and/or videotape for newspaper, radio, advertisement, promotional materials, or any social media of the St Louis Arc.

I have read the above, which I understand and agree to abide by.

Your authorization will remain in effect until you end it by writing to the St. Louis Arc.

Signature of Participant_____
Date_____
Signature of Parent/Guardian_____
Date**12****Waiver of Liability and Acknowledgement Related to COVID-19
(This must be completed in order to participate in our In-Person programs.)**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. It is understood there are inherent risks in going outside of the home during the COVID-19 pandemic. We cannot prevent you or others in relation to you from becoming exposed to, contracting, or spreading COVID-19 while utilizing St. Louis Arc's services or entering one of our locations. The St. Louis Arc is following the Centers for Disease Control, State, and local health department guidelines in order to reduce those risks to the highest extent possible.

ACKNOWLEDGEMENT: I have read and understand the above warning concerning COVID-19. I acknowledge there are many unknowns related to the COVID-19 virus, including but not limited to its methods of transmission, presentation of symptoms, and duration. Accordingly, I understand and accept the inherent COVID-19 related risks in order to utilize the St. Louis Arc services and/or enter the St. Louis Arc locations. I also accept the risk of utilizing face-to-face services rather than arranging for an alternative method of receiving the same services virtually (e.g. videoconference) when possible.

In addition, I agree to reduce the risks to myself and others in relation to me by complying with any and all requirements of the St. Louis Arc related to COVID-19, including but not limited to compliance with governmental directives and/or orders, and program protocols.

WAIVER OF LIABILITY: I forever release, discharge, and waive my right to sue the St. Louis Arc and its representatives, directors, agents, and employees from and for any responsibility and/or liability in connection with exposure, infection, and/or spread of COVID-19 arising out of or relating to participation in St. Louis Arc services, activities, events, programs, and entering locations. I understand this waiver means I give up my right to bring any claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claim I may have to seek damages, whether known or unknown, foreseen or unforeseen.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:

Participant Signature*: _____ Date: _____

Guardian Name (printed): _____

Guardian Signature*: _____ Date: _____

***Signature of the guardian is needed if the participant is not their own guardian.**