
The Nexus Q&A Session

July 28, 2026

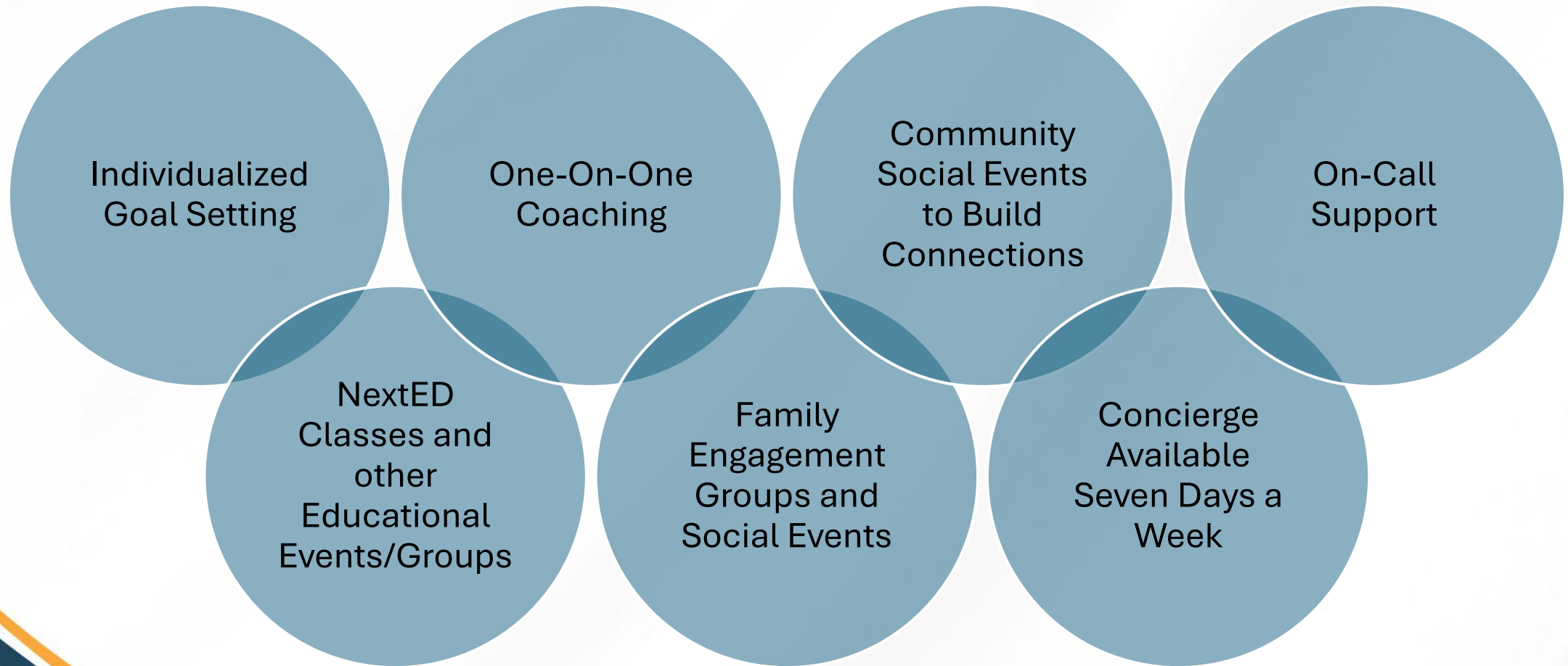
About The Nexus

- The History Behind The Nexus
- The “Why” of The Nexus
- Anticipated Opening of Early 2027
 - Location: 1633 Laclede Station Rd, Richmond Heights, MO 63117
 - Renovations are happening now
- Brief Program Overview
 - Live in an independent apartment within a supportive, inclusive community for 1-3 years
 - Gain hands-on experience through a living and learning model that combines apartment living with individualized support
 - Individualized support tailored towards the needs of each person
 - Community and Relationship Focused

Who Can Live at The Nexus

- Eligibility
 - Ages 21-30
 - Ability to be in their apartment overnight without direct support
 - Manage own personal care, hygiene, and medications
 - Motivated to want to live independently in the future with minimal supports
- Intake Process
 - Our process is individualized and designed to assess readiness while helping families determine whether The Nexus is the right fit
 - General Steps:
 - Initial inquiry and conversation
 - Intake discussions and review
 - Assessments and individualized planning
 - Apartment Exchange application and leasing
 - Preparation for move-in

Programming Highlights



Programming Highlights

- Goal Setting
 - Meeting residents where they are through individualized, coordinated and centered support to help residents build independence while living in a supportive community
- Educational Events and Groups
 - NextEd classes available surrounding the 9 Pillars of Independent Living as well as many educational events and groups specifically for Nexus residents
- One-on-One Coaching
 - Individual coaching to work on personalized goals and building the necessary skills to live independently, planning for life beyond The Nexus
- Family Engagement Groups and Social Events
 - Help families by supporting the transition from caregiver to advisor and network with other Nexus families and neighbors

Programming Highlights

- Community Social Events
 - Social programming to strengthen peer relationships, community connections, and build confidence accessing neighborhood resources
- Concierge
 - Available seven days a week to assist residents with questions, problem-solve, and direct to the appropriate resource
- On-Call Support
 - While there is not overnight staff, there will be someone on-call after hours for emergencies and support

A Typical Week at The Nexus

MONDAY / WEDNESDAY

9:15-11:15am: One-on-One
Coaching

12:15-3:30pm: Two NextED
pillar classes

5:00-6:00pm: Class in the
Nexus Fitness Room

TUESDAY / THURSDAY

9:00- 9:30am: Nexus staff
support Check-in

10:00am-11:30am: Individual
Support grocery shopping/
laundry/ cleaning

5:30pm-6:30pm: Support
with cooking dinner

FRIDAY

9:00-9:30am: Nexus staff
support Check-In

1:00-2:30pm: Nexus
Resident Group - Topic of
Resolving Conflict

5:00-6:00pm: Nexus
Community Meal

SATURDAY / SUNDAY

Group of Residents Explore the
Neighborhood and Visit a New
Place

Family Engagement Event
with Nexus Residents and
parents

Movie Night in Common Space

A Typical Week at The Nexus

MONDAY / WEDNESDAY

9:00am-9:30am: Nexus
staff support check-in

9:30am-3:30pm: Work and
Call-A-Ride to and from

5:00-7:00pm: Individual
Support and support with
Laundry/cooking

TUESDAY / THURSDAY

9:00- 9:30am: Nexus staff
support Check-in

10:00am-11:30am: One-on-
One Coaching

5:30pm-6:30pm: Nexus
Resident Group - Topic of
Transition Challenges

FRIDAY

9:00-9:30am: Nexus staff
support Check-In

9:30am-3:30pm: Work and
Call-A-Ride to and from

5:00-6:00pm: Nexus
Community Meal

SATURDAY / SUNDAY

Gaming in the Common Area
with other Residents

Family Engagement Event
with Nexus Residents and
parents

Movie Night in Common Space

What Happens After The Nexus Experience?

- Planning for life after The Nexus begins at move-in
- Stay connected to The Nexus and stay involved as a Nexus Graduate through alumni groups and events
- We are working on designing individual support model that is sustainable longer term

About The Nexus Building

- Capacity
 - 42 total apartments, 48 slots
 - 36 people getting services
 - 12 Neighbors By Choice
 - A Neighbor By Choice is a Nexus community member that is a grad student or recent graduate that aligns philosophically with St. Louis Arc, wants to be an active member of an inclusive community, and contribute to a positive community culture. A Neighbor By Choice will pass a rigorous screening process

Types of Apartments Available

- Studio
 - One bathroom with a sink, toilet, shower
 - Furnished to include: full size bed, night stand, dresser, café table with a chair
 - Kitchen appliances include a refrigerator/ freezer, sink, and a combo appliance that has capabilities to microwave, air fry, and a few other features. Studio kitchens do not include an oven or stovetop
 - Slight differences in some layouts, but size of units are approximately 275-315 sq.ft.
- One Bedroom and One Bath
 - One bathroom with a sink, toilet, shower
 - All units are furnished to include: love seat, coffee table, side table and entertainment center, café table with two chairs, full size bed, night stand, dresser
 - Kitchen appliances include a refrigerator/ freezer, sink, microwave, stovetop and oven
 - Size of units approximately 440 sq.ft.
- Two Bedroom and Two Bathroom
 - Two bathrooms, both with a sink, toilet, shower
 - All units are furnished to include: love seat, coffee table, side table and entertainment center, café table with two chairs, with each bedroom equipped with a full size bed, night stand, dresser
 - Kitchen appliances include a refrigerator/ freezer, sink, microwave, stovetop and oven
 - Size of units approximately 630 sq.ft.
- Utilities included in rent cost, except for Wi-fi, Internet, or any TV services
- For all types of apartments Residents would need to bring: any electronic items such as TV and laptop, clothing, décor, toiletries and bathroom items, and kitchen items like plates, bowls, silverware, pots, pans, etc.
- Currently The Nexus has a No Pet Policy, with the exception of Service Animals per ADA guidelines



Lower Level Commons

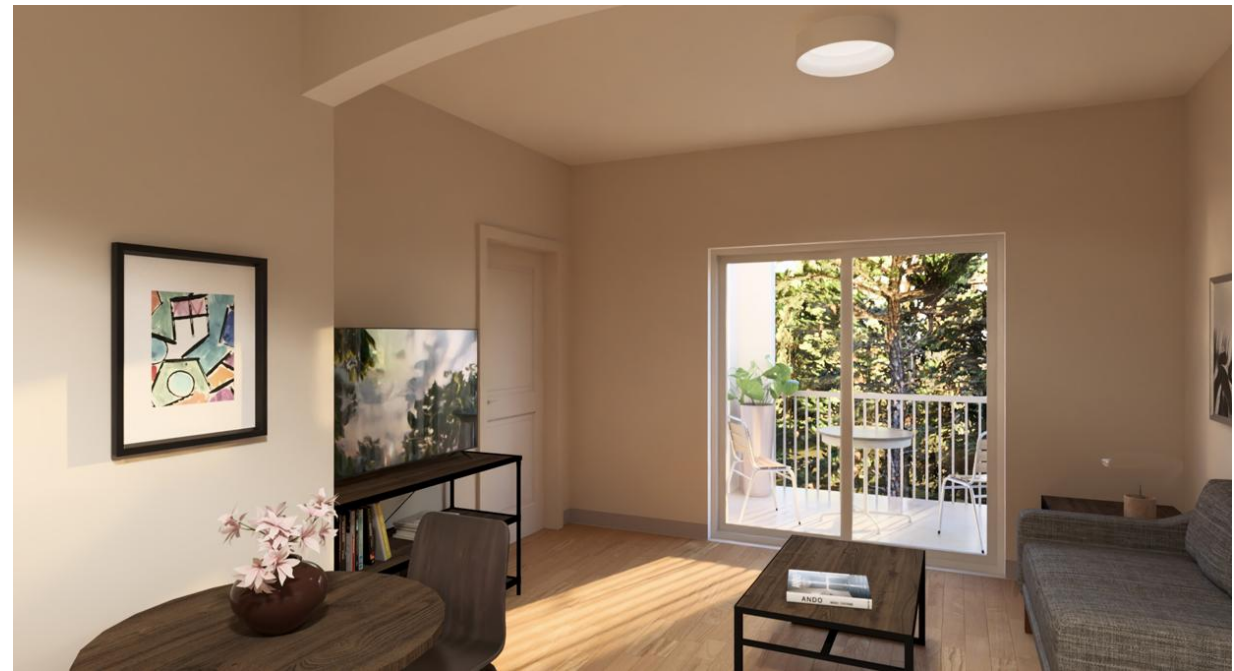


Upper Level Commons





Studio Renderings



One & Two Bedroom Renderings

Costs of Living at The Nexus

- Monthly Rent
 - Studio: \$960.00
 - 1 BD: \$1285.00-\$1510.00
 - 2 BD: \$1620.00
- Monthly Program Fee
 - \$2800/month
 - Potential use of community waiver to lower the cost
 - ABLE accounts can potentially contribute to expenses
 - 529 Plan Accounts have the potential to be funneled into an ABLE account
- What if the Nexus isn't the right fit?
 - No additional Program Fees after the resident's final month of residency
 - Early termination of the lease is subject to a fee equal to 2.5 times rent amount

Thank you!

For more information or to access additional Nexus and St. Louis Arc Resources

Visit The Nexus website:

www.TheNexus-STL.org
or use the QR Code



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